

## Tickets Available For Community House 1927 Gala

The Community House will host its annual 1927 Gala fundraiser on Friday, January 31 beginning at 5:30 p.m. on site at 2173 Periwinkle Way on Sanibel.

Some of Sanibel's finest chefs and restaurants will come together to make the evening unforgettable. Eight restaurants and catering companies will provide appetizers.

While a quartet plays in the background, guests will make their way into the Great Hall, where they will be treated to a four-course seated meal accompanied by wine and beer. Four chefs have signed on to provide a unique meal.

The meal will start with a salad created by Chef Melissa Donahue, one of her favorites that she has honed over the years. Chef Loretta Paganini will present a pasta dish she used to make with her grandmother. Resident Chef Jarred will share his love of "field to fork," including two proteins and locally sourced vegetables. The meal will conclude with



A couple arriving at last year's gala photo provided

Chef Malia Samson's dessert created especially for the gala, using honey harvested on the island.

Tickets are \$150 per person and event sponsorships are still available. For more information or to purchase tickets, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✪

## Exhibit To Debut At BIG ARTS Dunham Gallery

BIG ARTS is celebrating the new Dunham Gallery with the opening of renowned artist Mally Khorasantchi's exhibit Time for Joy. The BIG ARTS show is the debut of Time for Joy by this internationally shown artist. The exhibit opens Saturday, January 25 with an artist talk by Khorasantchi at 5:30 p.m. followed by an artist reception where guests can view the show and meet the artist. All BIG ARTS fine art receptions are free to attend and feature complimentary wine and hors d'oeuvres.

"We wanted to open the new gallery with an artist that's really something special," said Lauren Huff, programming and gallery manager. "Mally was the perfect fit. Her work is big, colorful, internationally known and echoes the natural beauty of our islands."

Khorasantchi, a German immigrant who settled in Southwest Florida in 1992, has had a passion for art since she was a young child. She studied art at Malschule Hubbelrath in Duesseldorf, Germany



Mally Khorasantchi photo by Mark Poucher under noted German artists Barbara Boehring and Wolfgang Eckart, who helped nurture her artistic development. Her work is featured in permanent collections at The Baker Museum in Naples, Florida; The Frauenmuseum Bonn in Bonn, Germany; The Russian Museum in Bonn, Germany; The Russian Museum in Bonn, Germany; The Russian Museum in Bonn, Germany

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The Temptations

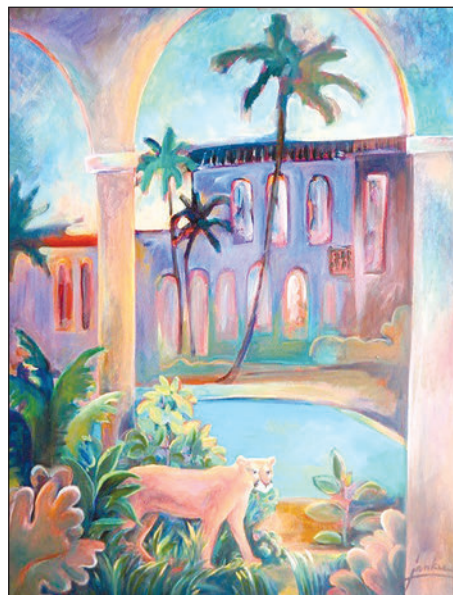
## Top Name Performers At BIG ARTS Opening

Otis Williams, the sole surviving original Temptation, Ron Tyson, a lead vocalist with the group for 37 years, Terry Weeks, a lead vocalist

for 23 years, and Willie Greene, Jr., base vocalist with the group for four years, are still serenading fans with their soulful voices, lighting up stages with their famous "Temptations' Walk" and bringing joy to audiences of all ages. On Friday, January 24, they will perform at BIG ARTS gala grand opening fundraiser to complete the final phase

continued on page 12

## Dual Art Exhibit On Captiva



Work by Sissi Janku images provided

The Captiva Civic Association (CCA) will showcase an artists' invitational exhibition, entitled Two Artists – Two Perspectives. The opening reception will take place on Thursday, January 16 from 5:30 to 7 p.m., featuring



Work by Joan Klutch

refreshments and light hors d'oeuvres.

The two women artists exhibiting are Joan Klutch and Sissi Janku. Both have unique styles, using diverse mediums in vibrant colors. Themes and subjects of

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A previous missions fair at Chapel by the Sea photo provided

# Missions Fair At Captiva Chapel By The Sea

This Sunday, January 12, before and after the 11 a.m. worship service, the historic Captiva Chapel by the Sea will host a missions fair featuring the community agencies the chapel supports with gifts of money and time. The annual event is an opportunity for individuals to learn about many local human service agencies and be inspired to get involved in the important work of the organizations serving needs across Lee County.

The missions and outreach committee at the chapel began in the 1980s with funds provided to the El Hogar Orphanage in Honduras and the Lee County Mission (now Gladiolus Learning and Development Center) in the Harlem Heights neighborhood of South Fort Myers. Recipient organizations have been invited to bring information on their agencies to share with the chapel

community. The organizations being supported currently are: Community Cooperative of Fort Myers; Gladiolus Learning and Development Center; FISH of SanCap; ECHO Global Farm, North Fort Myers; South Fort Myers Food Pantry; Quality Life Center of SW Florida; El Hogar (children's home in Honduras, Central America); and Community Housing Resources (CHR) on Sanibel.

The missions calendar includes a Thanksgiving food drive, Christmas gift drive for children at the Gladiolus Learning and Development Center, Pantry Sunday to collect donations of food and funds for food pantries, and Undie Sunday donations to assist with back to school clothing needs for FISH.

Nearly half of the offerings collected at chapel services from November through April go to serve the needs of people both near and far with the emphasis on children, families and seniors.

Captiva Chapel by the Sea is located at 11580 Chapin Lane on Captiva (next to the Captiva Memorial Library and Captiva Civic Center).\*

# Jazz Worship Service At Sanibel Congregational

Experience how the vision of civil rights leader Dr. Martin Luther King, Jr. and the music of jazz can uplift and inspire when brought together in worship. All are welcome to attend the Martin Luther King, Jr. Jazz Sunday at Sanibel Congregational United Church of Christ on Sunday, January 19. The Bill Harris Experience Band will provide music during the 9 and 11 a.m. worship services as Senior Pastor John Danner leads the congregation in honoring the legacy of the Rev. Dr. Martin Luther King, Jr.

"Over the course of our nation's history, few figures have been as important as Martin Luther King, Jr. His commitment to justice is as needed today as it was in the days of the Civil Rights Movement. The beauty of that movement was underscored by music – often the same music that even now influences jazz," said Pastor Danner. "Our



Bill Harris and Tom Cooley from The Bill Harris Experience photo provided

faith-rooted efforts to create a more just and peaceful world is ennobled by both Dr. King's legacy and the jazz."

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place shopping center. For more information, call 472-0497, or visit [www.sanibelucc.org](http://www.sanibelucc.org).\*



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**The Beach House** photos courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

## Landmark: The Beach House

This week's image shows that wicker furniture has long been popular on the islands and the Sanibel Historical Museum and Village has some vintage pieces that once were used in a home that also served as a small inn. The Beach House, built by the Sawyer family in 1913, survives today as a private residence after being moved to accommodate the building of gulf-front condominiums. The structure is included in the Sanibel Historic



Wicker furniture

Register.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.\*

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 732-780-2016.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

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### SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and

Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. [www.sanibelchurch.com](http://www.sanibelchurch.com), 1740 Periwinkle Way, 472-2684

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

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The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.\*

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OBITUARY



JOHN EDWARD CARNEY

John Edward Carney died suddenly on December 21, 2019 in Fort Myers, Florida. He was 72 years old. John was born to John A. Carney and Grace L. Halloran on March 27, 1947 in Buffalo, New York. With his Irish heritage, his St. Patrick's Day rivaled Christmas and New Year's as a celebration. After graduating from South Park High School, he earned a bachelor of science degree in elementary education from Buffalo State in 1969

and and a master of arts degree in reading instruction from Michigan State University. For his entire career, he was a much beloved teacher at Kinawa Middle School in Okemos, Michigan, teaching reading, language arts, social studies and especially photography. Volunteering with the American Red Cross, he also taught advanced swimming and life-saving skills to life guard trainees in Lansing, Michigan.

John married Fay Marie Kroll on May 24, 1969.

After retiring from teaching at the age of 48, he and his wife moved to Sanibel and traveled the world together. Their cruises were legendary, but both found their greatest joy in their many community activities. All through his years of retirement, John was an enthusiastic Sanibel volunteer. Early on, he was involved with Brazilian pepper removal. He did emergency rescue and transport for CROW. He served on the board of directors of the "Ding" Darling Wildlife Society, helping to plan the new education center as well as coordinating the society's annual photography contest for many years.

A longtime member of the Rotary Club, he served as its president from 2005-06. For many years, he coordinated the club's participation in the islands' Luminary festivals, putting out thousands of candles each December. He handled the radio communication system at the Rotary Arts and Crafts Fair, a major Sanibel event that raises funds each year for local and global charities.

John loved boats. He was an

enthusiastic fisherman and enjoyed outings with the fishing club – and being one of the head chefs at the club's annual fish fry. He served as co-chair of the Cruise and Rendezvous program for the Sanibel-Captiva Sail and Power Squadron (now America's Boating Club) as well as being a vessel safety check examiner.

He was gifted with an exceptional singing voice and treasured being able to entertain family and friends. Many islanders will recall hearing him sing at the annul Christmas shows at The Community House, where he also won the coveted Island Crooner award at karaoke nights, and watching him perform in *The Fantastiks* at the Off-Broadway Palm Dinner Theatre. His sage and sometimes challenging observations at weekly current events discussions were valued by his peers.

Every New Year's Day for the past 20 years, John could be found at the "crack of noon" at Tarpon Bay Beach as Papa Bear for the annual Polar Bear Plunge, an event he created just for fun.

John Carney was a charming, warm, outgoing person who was a much-loved and well-known member of the Sanibel community.

John is survived by his loving wife of 50 years, Fay (nee Kroll), his son Scott (Molly) and grandchildren Paul, Peter and Maggie. He was preceded in death by his parents, his sister Mary and brother Michael. A celebration of life – of a life truly well-lived – will be held on Thursday, April 9 at The Community House on Sanibel.✽

Program  
On The Story Of  
Ospreys At CROW

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series presented by LCEC continues on Tuesday, January 14 with *The Story of Ospreys* by Claudia Burns, volunteer for The International Osprey Foundation.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Speaker Series programs begin at 4:15 p.m. in the CROW Visitor Education Center, located at 3883 Sanibel-Captiva Road, and are approximately one hour in length. Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and under. Space is limited, so advanced registration is recommended.

CROW's 2020 Speaker Series features weekly talks and runs through April 14. For a full schedule of talks, more information or to register in advance, visit [www.CROWClinic.org/articles/2020-speaker-series-presented-by-lcec](http://www.CROWClinic.org/articles/2020-speaker-series-presented-by-lcec).✽

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# More Work To Be Done On Coyote Management

by Jeff Lysiak

During Tuesday's Sanibel City Council session, the leading members of the city's department of natural resources, Director James Evans and Deputy Director Holly Milbrandt, presented a 28-page coyote management and education plan after a number of residents voiced their concerns about the increasing numbers of human-coyote interactions on the island.

"This coyote management and education plan has been prepared by the City of Sanibel to assist in effectively and humanely preventing and solving conflicts between coyotes, people and pets," the document reads in part. "A critical element of a successful coyote management plan is the education and awareness of residents. Education is the key to empowering residents to make appropriate decisions regarding their safety and managing their property and pets."

According to Evans, the document was created using the best available information, including scientific and peer-reviewed articles, from experts in the field of human-coyote conflict resolution, and from successful coyote management plans across the United States.

"The goal of this Coyote Management and Education Plan is to provide a program for reducing human-coyote conflicts while prioritizing human safety," Milbrandt read from the document, noting its seven guiding principles. "The suggested actions outlined in this plan are designed to increase citizens' knowledge and understanding of how coyotes behave and make clear how such behavior can be managed to reduce or eliminate conflicts with coyotes."

The document presents background information about coyotes, their appearance, diet, social structure, habitat range and communication/tracking, along with a history of coyotes on Sanibel. In 2011, the first year of a confirmed coyote sighting on the island, three residents reported witnessing the non-native canines. Last year, there were 97 reported sightings.



Sanibel Mayor Kevin Ruane presenting Char Durand, program coordinator for the city's recreation department, with the Employee of the Year Award for 2019. Looking on are Councilman Richard Johnson and Councilwoman Holly Smith.

photo by Jeff Lysiak

In addition, the document offers information on deterring coyotes, eliminating attractants and a checklist of coyote-pet best management practices.

"Hazing is an activity or series of activities conducted to change behaviors of habituated coyotes and/or to re-install a healthy fear of people in the local coyote population," Milbrandt explained. "Being highly intelligent animals, coyotes who are hazed quickly learn to avoid neighborhoods, people and pets. But simply seeing a coyote at a distance is no cause for alarm."

The document also includes information on why culling – or killing – coyotes is not part of an effective management plan. "Killing efforts are ineffective and don't reduce populations. Coyotes have density-dependent litter sizes. Research suggests that when coyote populations are under pressure, the remaining coyotes respond by breeding at earlier ages, having larger litters, and having a higher survival rate among the young, a behavior known as compensatory reproduction," the document reads, in part.

Opening the topic for public input, several residents told the council that they were concerned by the number of incidents reported of coyotes following or stalking people walking their pets or playing with small children outdoors.

Karen Storjohann questioned whether the proposed document collected data on neuter-and-release programs, along with trapping-and-collaring methods for managing coyotes. Robin Miller called coyotes "a vital part of this sanctuary island."

Later, resident Bob Holder asked if the city had any data more current than what was collected during the initial 2017 investigation with members of the Sanibel Coyote Working Group (which included representatives from SCCF, CROW, JN "Ding" Darling National Wildlife Refuge, Florida Fish & Wildlife Conservation Commission and University of Georgia Warnell School of Forestry and Natural Resources). "What has given rise to coyote populations?" he asked. "How many coyotes do we have now, and what's the carrying capacity for coyotes on Sanibel?"

Ryan Orgera, CEO of SCCF, explained that taking action without knowing more would be problematic. He also called for more money to be dedicated to population studies on the island, and that the council should embrace the submitted document as "a logical first step."

Several council members acknowledged that the report, while thorough in many aspects, leaves more to be known before an effective coyote management plan can be adopted, Councilman Richard Johnson

called it "an opportunity for us to learn more about this" while Councilwoman Holly Smith wanted to "make sure what we do is science-based."

Mayor Kevin Ruane, who questioned why coyote populations are growing on Sanibel, expressed a high level of concern for public safety. He assured the residents that have voiced their concerns about how the city will deal with coyote management that proper action will be taken.

"When citizens tell me that they're terrified, that sets off alarm bells," said Councilman Jason Maughan, who noted that his top two priorities were protecting the environment and protecting public safety. He later dismissed the submitted report as "biased, selective and self-serving," adding, "This work is not what I expected."

Maughan went on to detail the investigation he personally conducted on coyote management on barrier islands, pointing out reports from several islands off the coasts of North Carolina and South Carolina that reported effective use of culling practices.

"It's time for this to be looked at with a sober eye," he said. "Every coyote encounter is not a Disney film."

Following a brief recess, Ruane acknowledged that the council requesting city staff to prepare a thorough report in less than one month probably wasn't adequate. "It might have been a mistake to give them three weeks to come back with something comprehensive," he said. "There's no quick fix for this, but we need to address this in a comprehensive way. What we have here today is a first step, not a final step."

Vice Mayor Mick Denham agreed, adding, "This initial report may have some inadequacies, so we should give staff more time to do additional research."

Evans stated that staff should look deeper into the impact coyotes are having on local wildlife populations as well as consider using radio collars to track coyote movements. He also acknowledged that the city might consider a trap-and-neuter program, but not before considering the consequences of that action. "There are ways to go about culling that could be successful," he said, adding that the educational component of a management plan was "critical no matter what we do."

Before approving city staff to continue

continued on page 14

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### SAT. JANUARY 11

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### MON. JANUARY 13

9 am - 12 pm Butchering  
with Chef Jarred  
1 pm Watercolor on Yupo

### TUES. JANUARY 14

9:30 am Letting Loose with  
Watercolor & Shells

### WED. JANUARY 15

9:30 am Getting Groovy with  
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### THURS. JANUARY 16

5 am Audubon Dinner by Chef Jarred

### FRI. & SAT. JANUARY 17 & 18

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## Theological Sessions With Pastor And Rabbi

Pastor John Danner of Sanibel Congregational United Church of Christ and Rabbi Stephen Fuchs of Bat Yam – Temple of the Islands are presenting three sessions on the Book of Esther, the only book in the Bible which never mentions God. The sessions will be held at 10 a.m. and 7 p.m. on Wednesdays, January 8, 15 and 22, and will explore the book in its original setting, and then move on to apply its lessons to life in 21st America. They will discuss what the book may have to say about the role of women in society, the pernicious phenomenon of prejudice, and the question of purpose. Why are we here? What are we to do in the midst of brokenness and challenge?

These studies are part of the annual celebration each January of the congregations' relationship. Since its inception 28 years ago as the only Jewish congregation on Sanibel, Bat Yam– Temple of the Islands has called the building at Sanibel Congregational United Church of Christ its home. The two congregations share more than a building. They have a long-term relationship that celebrates both what they have in common and where they differ, times of fellowship as well as education, and mutual support.

Pastor Danner and Rabbi Fuchs led members from both congregations on



Rabbi Stephen Fuchs and the Rev. Dr. John Danner in Israel photo by Roy Gibson

a trip to Israel in spring of 2019. Rabbi Fuchs and Pastor Danner continue a long tradition of the clergy from both congregations joining forces to present educational programs for their congregations, as well as other interested members of the community. The two congregations are founding partners in the annual Shared Scholar Lecture Series.

The sessions are free and open to the public. All classes will be held in Fellowship Hall at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. For more information, call the church office at 472-0497, or visit [www.sanibelucc.org](http://www.sanibelucc.org).

From page 1

## Dunham Gallery

in St. Petersburg, Russia; and at Florida Gulf Coast University in Estero, Florida.

"We came in 1991 on a trip to South Seas Island Resort the first time we visited Florida and Sanibel. My husband and I fell so much in love with the beauty and nature of this most beautiful island, that we decided to move to Florida permanently from Germany. We made a down payment on a house in Naples and moved here as immigrants in 1992," said Khorasantchi.

That connection with the island and the opportunity to be the first artist displayed in BIG ARTS' new gallery was an exciting opportunity that couldn't be passed up. "I can't emphasize enough how honored I feel to be the first artist in BIG ARTS Dunham Gallery and I'm very, very grateful," said Khorasantchi. "Since BIG ARTS donors have made an extraordinary contribution to the Sanibel art scene through building this wonderful center, it is my obligation to deliver my highest quality work that I am able to produce. It makes a statement to the quality of art that should live and be exhibited in BIG ARTS' wonderful facility. I have produced specifically large and happy paintings to enhance the festive, happy opening."

Khorasantchi uses color and scale to capture elements from nature in interesting and breathtaking ways. When asked about her process when creating this exhibit, Khorasantchi said, "My creative process is at the moment collages, the combination of oil and cutouts on paper or canvas. This is my favorite working process, using the shapes from nature and our Florida surroundings. In a world full of negative news, I try to focus on the positive, fully aware that climate change and the unruly behavior of my fellow humans are a difficult part for our environment. I stubbornly insist that we all can do our part to repair our mistakes. With joy, happiness and a lot of care, we are able to turn bad things into a splendid future."

BIG ARTS is located at 900 Dunlop Road. The exhibit will be on display until March 1. For gallery hours, visit [www.bigarts.org](http://www.bigarts.org) or call 395-0900.

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OBITUARY



**FRED BOULD**  
Fred Bould, 94 years old, died at home on Sanibel Island, Florida on December 27, 2019. Fred was born on May 23, 1925 in Ince near Wigan, Lancashire, England, the only child of Fred Bould and Ellen Fleetwood Bould.  
Fred attended Hindley & Abram

Grammar School on scholarship and went on to earn a HNC in mechanical engineering in 1945, and was a graduate of MIME (Institute of Mechanical Engineering) in 1946. He earned a BSc in electrical engineering from London University.  
In 1957, Fred emigrated to the United States, working for Square D Corporation in Detroit and Cleveland and then Westinghouse in Pittsburgh. He ended his career on a high note with a successful consulting business designing switch-gear equipment for some of the world's leading industrial companies. His lifetime of work resulted in over 20 utility patents.  
Fred had diverse interests outside of work. His love of classical music and opera was well known. He was an avid gardener (growing tomatoes, in particular), photographer and star gazer. He enjoyed camping, making fires, a drink and good discussion with friends and family, and a daily ration of bacon.  
Fred is survived by Hilda, his wife of 70 years; his daughters, Shelley Bould Campbell (Douglas Campbell), Catherine Bould (the late Charles McDonough), Vivienne Bould Radigan (Robert Radigan); his sons, John Bould (Ling Bould), Patrick Bould (Linda Bould), Roger Bould, Fred Bould (Sushma Patel); and 15 grandchildren.  
A visitation was held on Saturday, January 4, 2020 at Fort Myers Memorial Gardens.✽

Audubon Bird Walk At Bunche Beach

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, January 11 at Bunche Beach. Participants will meet at the beach parking lot at 8 a.m. at the end of John Morris Road. The parking fee is \$2 per hour. Waterproof shoes are a must as participants will walk through tidal pools. These bird walks are open to public and all levels of experience. A \$5 donation is appreciated.  
For more information, visit [www.san-capaudubon.org](http://www.san-capaudubon.org).✽

From page 1  
**BIG ARTS Opening**  
of the building fund. It will be the first time the new building will be open to the public. The Temptations will be accompanied by a blockbuster backup of more than 13 world-class musicians. Named the #1 R&B/Hip Hop Artists of All Time and one of the 125 Greatest of All Time Artists by *Billboard Magazine*, as well as one of the 100 Greatest Artists of All Time by *Rolling Stone Magazine*, the group is truly a beloved "national treasure."  
The Temptations are currently the subject of the smash hit Broadway musical, *Ain't Too Proud*, which opened on March 21, 2019. The musical won the Tony Award for Best

Choreography at the 73rd Tony Awards at Radio City Music Hall in New York City on June 10, 2019 and continues to captivate thousands of theatergoers during sold-out performances on the "Great White Way." In June of 2019, the show's producers announced tour plans for the musical starting this July in more than 50 cities for more than 100 weeks.  
Prior to the musical, the Temptations' journey, as seen through the lens of Otis Williams, the sole surviving original Temptation, was also a blockbuster television mini-series which aired in 1998.  
In 2018, Universal Music Enterprises released worldwide the Temptations' latest studio album, *All The Time*, their first new album in eight years. At the time of the album's release, Otis Williams, founding member of the Temptations said, "Looking back, I never could have imagined where my life has taken me. I'm proud of what the Temptations have achieved, and I'm grateful for every opportunity we've been so fortunate to receive. The music carries me. Together, we lift our voices with love and wonder."  
Tickets are \$750 per person and include complimentary valet parking, a seated gourmet dinner buffet, full open bars, and post-concert dancing to a live band with open bars, lavish desserts and coffee and tea café.  
Tickets are limited and available only by phone at 395-0900. BIG ARTS is located at 900 Dunlop Road on Sanibel.✽

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## Academy Award Contenders

## 1917

by Stan Gembicki



On Wednesday, January 15 at 12:30 p.m., Island Cinema will show the second movie in this year's BIG ARTS Film Society Academy Award Contenders Series. Due to an

early Oscar awards presentation on February 9, this year's series will be limited to five films. After the movie, a discussion will take place at Island Cinema. Tickets are available at the cinema. Other movies in the series will be announced prior to the weekly showing.

At the height of the first World War during Spring 1917 in northern France, two young British soldiers, Schofield (George MacKay) and Blake (Dean-Charles Chapman), are given a seemingly impossible mission to deliver a message which will warn of an ambush during one of the skirmishes soon after the German retreat to the Hindenburg Line during Operation Alberich. The two recruits race against time, crossing enemy territory to deliver the warning and keep a British battalion of 1,600 men, which includes Blake's own brother, from walking into a deadly trap. The pair must give their all to



A scene from 1917

image provided

accomplish their mission by surviving the war to end all wars.

The film, directed by Sam Mendes, is nothing short of astonishing. Designed as two extraordinarily long, unbroken shots, *1917* is a stunning feat of cinematography, production design and performance moving seamlessly as one piece. But the most incredible thing about the film is how often you forget about the trick of it all, absorbed in character and story rather than any "gimmick." For Mendes, it's a deeply personal story, a passion project dedicated to his grandfather, Alfred Mendes, "for the stories he told us," which places this breathtaking World War I film into a stark and very human reality.

The film received three Golden

Globe nominations and won for Best Motion Picture Drama. The film is 1 hour and 59 minutes long.

Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.✱

From page 1

## Dual Art Exhibit

the pieces vary, ranging from whimsical to dramatic, realistic to abstract, contemporary to nature, tropical to tidewater, and all inspiring.

Janku's style has had many sources of inspiration. Her travels have provided much inspiration. She was born and studied in Germany, then moved to Hawaii where she also studied, then relocated to the mainland U.S. and

eventually settled on Sanibel. The artist said her outdoor studio space is a luxury, and reflects her passion for tropical themes. "I feel closer to nature," she said.

Janku describes her recent tropical seascapes as a combination of whimsical, abstract and realism.

Klutch is a native of Long Island, New York and has over 30 years of experience as a painter, sculptor and printmaker.

"My paintings have evolved from a traditional style to a more expressionist palette abstracting the essence of nature's shapes, colors and lines," she said.

Klutch works in a variety of mediums such as watercolor and acrylic, to include mix media and collage.

Her work predominately displays elements of abstract expressionism and contemporary design. Early in her career, her inspiration came from a variety of contemporary artists such as Robert Rauschenberg, Georgia O'Keeffe and others. Their techniques are a major influence for her early and current works. "I express my feelings using symbols and colors, communicating my vision of the world as a poet conveys by verse," said Klutch.

The exhibit runs through February 6. It is open to the public on Tuesdays, Wednesdays and Thursdays from noon to 2 p.m. or by appointment by calling 472-2111. The Captiva Civic Center is located at 11550 Chapin Lane on Captiva.✱

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**Saltbush's female flowers become feathery fluff**

photos by Gerri Reaves

#### Plant Smart

## Fluff On The Go

by Gerri Reaves

**P**lants have many strategies to propagate. Seeds simply fall nearby and self-sow or wildlife eat the fruit and distribute the seeds.

Some plants have specially designed pods that burst open and actually propel the seeds some distance.

Then there are the hitchhikers of the seed world that ride on clothing, hair, or animal fur.

Other species propagate via water – think red mangrove propagules or coconuts, which sometimes float long distances before taking root.

Airborne seeds, on the other hand, venture into the world encased in a bit of fluff. Some are equipped with wings or a feathery parachute-like fruit like a



**Bushy bluestem produces silvery inflorescences that age to coppery hues**

dandelion has.

The three plants pictured here are some of the many native species that distribute seeds via fluff.

Each is low-maintenance, wildlife-friendly, suitable for moist spots, and awe-inspiring in its own way.

It's no surprise that saltbush (*Baccharis halimifolia*) has the alternative name silverling, given the cloud of silvery hairs on the tufted fruits.

This ruffle-leaved evergreen is distinctive in being the only native member of the aster family that grows to tree height, up to 12 feet.

High tolerance to salt spray and general resilience make it an excellent choice for coastal landscapes.

It's popular as a buffer, and also works well in a natural garden. It provides cover, food and nesting habitat for small birds, and attracts butterflies and other pollinators.

Give it a spot in full sun to partial shade.



**Climbing hempvine's cluster of fuzzy flowers become masses of fluff**

Bushy bluestem (*Andropogon glomeratus* var. *pumilus*) is a common sight along roadsides, but that pretty silvery haze makes one wonder why it isn't used as a landscape specimen.

The multi-branched, broom-like inflorescence is filled with bristly spikelets that age from silver to copper.

The common name is inspired by the blue-green tint of the narrow leaf blades.

Perennial and clump-forming, it self-propagates in low-lying areas such as swales and marshes.

It too grows in full sun to partial shade.

Climbing hempvine (*Mikania scandens*) is a fast-growing member of the aster family that sprawls in hammocks, wet woods and the edges of swamps, ponds and ditches.

The dense flat-topped clusters of fuzzy flowers are white to pale pink. They attract a range of bees and butterflies.

The flowers go to seed and become a

mass of fluff.

This fast-growing vine grows in full sun, even in nutrient-poor soil, but it is not very tolerant of salt.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, *Wildflowers of Florida* by Jaret C. Daniels, [fnps.org](http://fnps.org), [lee.ifas.ufl.edu](http://lee.ifas.ufl.edu), [regionalconservation.org](http://regionalconservation.org), and [wildflower.org](http://wildflower.org).

*Plant Smart explores the diverse flora of South Florida.\**

From page 8

## Coyote

researching successful management practices for coyotes, Maughan confirmed that five pages of the report – 10 through 14 – contained valuable information that could be distributed for educating the public immediately. "Some of these basic suggestions have great value," he said.

"And it indicates to our citizens that we are doing something," added Denham.

Ruane also stated that the city's coyote management report would be a recurring item on council meeting agendas in the future, with natural resources department staff providing updates on progress made.

In other business, members of the council unanimously approved a draft resolution supporting the voluntary reduction of using gas powered handheld landscape equipment. The legislation comes one month after councilors approved an ordinance restricting the use of gas powered leaf blowers for commercial purposes between the hours of 9 a.m. and 4:30 p.m. Monday through Saturday, along with seven federally recognized holidays.\*

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# Refuge Staff Helps Youngsters Create Crafts On National Bird Day



From left, “Ding” Darling National Wildlife Refuge staff and volunteers Sandy Reed, Anna Tursky, Randy Reed and Sara Hallas helped visitors celebrate National Bird Day on January 2  
photos by Jeff Lysiak



Rhys Mitchell, visiting from Toronto, Canada, putting the finishing touches on his bird button



More than two dozen youngsters from the Sanibel Recreation Center attended the free bird crafts workshop at the refuge



Indiana resident Chris Eppley helping his daughter, Indira, with her art project



Zora King, visiting from Columbia, South America, coloring her craft creation



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# Sheepshead Season Has Arrived



by Capt. Matt Mitchell

As I sit writing this weekly fishing report, conditions have already changed from the fishing we experienced all this week. As we

snuck out while this strong cold front approached this morning, we were greeted with dense fog before sunrise along with strong south winds. This pre-front period will always bring some of the best fishing as the barometer is falling.

With this latest cold period forecast expected to stick around, water temperatures will plummet as mornings are forecast to drop into the low 50s. Seeing an almost 10-degree water temperature drop in the shallow waters of the sound basically over night is not that unusual. For the first few days, water in and around the passes will be warmer than the sound. This is due to the less fluctuating temperatures of the deeper gulf waters moving in and out of our passes. The great snook bite we experienced while shiner fishing will quickly grind to a halt as

the water drops into the mid-60s. Shrimp fishing will now be the method of choice to target sheepshead, redfish and black drum. Look for another much awaited wave of larger spawning sheepshead to move in from the gulf. This always amazes me how fast this happens after getting a major cold front like this one. Structures just inside the passes will be the first places these hungry cold-water-loving fish show up. Then, within a few days, they will be found under docks in the intercoastal and what seems like every mangrove creek in the sound. Switching gears to shrimp fishing has been a little longer in coming than in the past few years. Although we have had a few cold fronts, temperatures have quickly rebounded until now. The fact that we have still been shiner fishing during the first week of January is quite rare.

Embrace the cold as you can now put that castnet away for a while, sleep late and go shrimp fishing. It's also time to downsize the gear to the lighter spinning rods rigged up with a piece of 20-pound fluorocarbon leader and that trusty quarter-ounce jig head. While you're switching it up, you might as well sharpen up that fillet knife as sheepshead season is upon us.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*



Maggie got in on some fast-paced redfish action while fishing with Capt. Matt Mitchell this week photo provided

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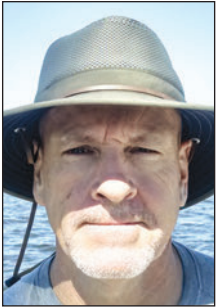
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Dave Doane



## CROW Case Of The Week:

## Proper Fish Carcass Disposal



by Bob Petcher

After filleting a fresh catch, some anglers believe they are doing the right thing by throwing the fish carcass back in the water and providing begging birds a free meal. Unfortunately,

this procedure may lead to the recipient suffering from an obstructed airway or, worse, choking to death.

At CROW, an adult brown pelican (*Pelecanus occidentalis*) was admitted on December 31 after being found sitting on a boat near Tween Waters Island Resort and Spa on Captiva. On initial exam, CROW medical staff found a large, filleted sheepshead fish stuck in its throat. Veterinarians carefully removed the fish. The likely cause of the fish being stuck in the pelican's throat was reportedly due to a fisherman skinning the fish and throwing the carcass back into the water when the pelican scooped it up.

"This bird's airway was not obstructed when it came in, although that is a common and potentially life-threatening complication that can occur in these situations. The bird was shaking its head side to side trying to dislodge the fish, which was causing discomfort due to the



CROW medical staff working on patient #19-5330

photo by Brian Bohlman

barbs stuck in the esophagus," said Dr. Robin Bast, CROW's staff veterinarian. "The sharp fins on the sheepshead fish were penetrating through the esophagus and causing the fish to become stuck in the bird's throat."

While the bird was said to be bright and alert with a reasonable body condition, action was needed to relieve the bird of such discomfort.

"The bird was placed under general anesthesia, and vet staff (members) were able to reach down the esophagus with a gloved hand and use lubricant to push the fish forward slightly and dislodge the barbs from the esophagus, then fold the fins inward and back the fish out of the throat safely without causing further trauma," said Dr. Bast. "The bird was

given a liquid diet that evening to give the GI tract a break, and then ate whole fish the following day. It was moved outdoors to our pelican enclosure and released within 24 hours of admission."

CROW staff members would like to remind the public not to feed wildlife and that filleted fish carcasses should be disposed of properly and not thrown into the water.

"It is very important to properly discard fishing material (hooks, line and discarded carcasses) to prevent unnecessary injury to wildlife," said Dr. Bast. "Although discarding of fish carcasses in the water may seem like a free meal to animals, it is illegal to feed wildlife as it encourages behaviors that put them at risk for ingesting hooks/

line causing obstruction or blockage of their GI tract, resulting in starvation, or traumatic injury sustained from attempting to swallow the filleted carcass. All fish carcasses should be properly disposed of in trash receptacles."

CROW Office and Admissions Manager Shelli Albright was reportedly very passionate about this case.

"When people called in about the bird, they just said that it wasn't behaving normally and wouldn't attempt to fly. When we got the pelican in the clinic and took it out of the crate, the first thing I noticed was that its sounds were muffled, due to the fish blocking its throat," she said. "It was evident that fish had been fed to the pelican, as it was going down its throat the wrong way so the spines on the back of the fish were stuck in the pelican's pouch."

Albright offered another solution besides disposing of fish carcasses in a trash receptacle.

"It's also a good idea to put a meat grinder at fish cleaning stations so the remains can be ground and then put back into the water," she said. "Some fisherman will put the ground fish into the freezer and use it as chum on their next fishing trip. Meat grinders can be purchased for as little as \$50."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



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## Shell Of The Week

## Tampa Drill



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**E**upleura tampaensis (Conrad, 1846), reaches about 25 mm (an inch) and has a

markedly angled shell outline, with a sculpture of about 12 strong axial ("vertical") ribs crossed by equally strong spiral cords. It could be confused with two species of similar size and proportions: the Mauve-mouth Drill, *Calotrophon ostrearum*, which has a more rounded, "gentler," not-angled outline and sculpture of axial ribs that are larger than the spiral cords, or the Gulf Oyster Drill, *Vokesinotus perrugatus*, which has a more diamond-shaped outline, and also larger axial ribs. The shell color is ash-gray to light-brown, with a darker shade inside the shell aperture. Members of this species start a meal by drilling the shells of its prey to inject a paralyzing substance. The last record of this species for our local area in the museum collection dates from 1976. Read more about mollusks and their shells at [www.shellmuseum.org](http://www.shellmuseum.org).



The Tampa Drill, *Eupleura tampaensis*

photo by James F. Kelly

[shellmuseum.org/shell-guide](http://shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The museum is open! The aquarium is scheduled to open in March 2020. See updates at [www.shellmuseum.org](http://www.shellmuseum.org).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✱

## American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, January 12 from noon to 8 p.m.

There will be a fish and shrimp fry the following Sunday, January 12, from noon to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 9 Ball pool tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

New American Legion eligibility dates are November 11, 1918 through present. All veterans are welcome to become a member. Contact Tim or Randy at 472-9979.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✱

## Open Mic Night

Friends and lovers of the spoken word are invited to attend the Second Decade Open Mic session on Wednesday, January 15 at 7:30 p.m. at Herb Strauss Theater, located at 2200 Periwinkle Way on Sanibel. Doors open at 7 p.m. for social time and wine.

For more information, call Joe Pacheco at 472-1280.✱

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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or [reservations@crowclinic.org](mailto:reservations@crowclinic.org). Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, January 10, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Friday, January 10, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Why Animals Come to CROW (daily presentation).

**Friday, January 10, 2 to 3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Friday, January 10, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Wading Birds



(daily presentation). One of CROW's animal ambassadors will be present.

**Saturday, January 11, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Saturday, January 11, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Baby Care at CROW (daily presentation).

**Saturday, January 11, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

**Monday, January 13, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Monday, January 13, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be present.

**Monday, January 13, 2 to**

**3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Monday, January 13, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.

**Tuesday, January 14, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Tuesday, January 14, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

**Tuesday, January 14, 2 to 3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Tuesday, January 14, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

**Tuesday, January 14, 4:15 p.m.,** adults: \$10, teens: \$5, age 12 and under: no charge, advance registration recommended – Speaker Series presented by LCEC: The Story of Ospreys (seasonal program) with Claudia Burns, volunteer for The International Osprey Foundation.

**Wednesday, January 15, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Wildlife Rescue 101

(daily presentation).  
**Wednesday, January 15, noon to 1:30 p.m.,** \$35 per person, advance registration with payment required – Lunch & Learn with Dr. Barron (seasonal program). Reservations include a boxed lunch catered by the Sanibel Deli and a tour of the hospital and rehabilitation grounds.

**Wednesday, January 15, 2 to 3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Wednesday, January 15, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

**Thursday, January 16, 11 a.m. to 12:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Thursday, January 16, 11 a.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Gopher Tortoises (daily presentation). One of CROW's animal ambassadors will be present.

**Thursday, January 16, 2 to 3:30 p.m.,** \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

**Thursday, January 16, 2 p.m.,** adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.✧

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Jean Le Boeuf, News-Press



## Stand Up Paddleboarding Course Offered



by Kealy McNeal

**O**n Thursday, January 16, join Ocean Tribe Paddlers for a dry Stand Up Paddleboarding (SUP) 101 course with avid paddleboarder Dr. Bruce Neill. It's 2020 and what

better way to kick off the year than to take up a new hobby and get fit in the process. Learn SUP fundamentals, tips and tricks from an experienced paddler familiar with local waters. This will be a dry course for those interested in looking at nature from a new view and gaining the perspective from a stand up paddleboard.

The course will be held at Sanibel Sea School, located at 455 Periwinkle Way, from 5 to 6:30 p.m.

*Our paddling club is open to everyone, and your first event is*

*always free. After that, we request that you purchase a club membership via our website. Ocean Tribe Outfitters is a club organized by Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit [www.oceantribeoutfitters.org](http://www.oceantribeoutfitters.org), or follow us on Facebook and Instagram.\**

## Art On The Veranda Returns This Saturday

**S**anibel Captiva Art League will hold its next Art on the Veranda show and sale this Saturday, January 11 from 10 a.m. to 3 p.m. at Bailey's General Store, located at 2477 Periwinkle Way on Sanibel.

In an eclectic outdoor display, award-winning artists from the art league bring their original works of art for viewing and sale. There will be a variety of media including watercolors, acrylics, oils, pastels and collage. Styles and subjects are diverse and there's always lots of local interest art.

For more information, visit [www.sancapart.com](http://www.sancapart.com).\*

## Hibiscus Society Show And Sale

**T**he James E. Hendry Chapter of the American Hibiscus Society will be holding its annual hybrid hibiscus plant sale at The Salvation Army building on Saturday, January 18 from 2 to 4 p.m. Admission and parking are free.

Some 500 hybrid hibiscus – ones that cannot be found in the big box stores – will be for sale. Prices range from \$15 for a small plant to \$30 for a large plant. There will be special pricing for members. Join the chapter the day of the sale for your discounted prices.

These beautiful plants are being provided by Sun-Fire Nurseries out of Sarasota. Chapter members who are experts on growing hibiscus will be available for advice during the sale. These hibiscus are grown on their own roots and are easy to maintain. Some of these plants will grow blooms over eight inches and in just about every color of the rainbow. Besides reds and yellows, there will be blues, greens, purples, oranges, pinks, whites and some with up to five colors.

Members of this hibiscus chapter will be available for any questions. There



Space Oddity

photo provided

will be information available on how to care for hibiscus, plus books, pruning shears and fertilizer for sale.

The chapter meets at Berne Davis Gardens at 2166 Virginia Avenue in Fort Myers on the second Sunday of each month at 1:30 p.m. Interested future members are invited to attend any of the following meetings: Sunday, February 9 or March 8, or Saturday, May 9.

The Salvation Army building is located at 10291 McGregor Boulevard in Fort Myers. For more information, visit [www.hendrychapterhibiscus.com](http://www.hendrychapterhibiscus.com).\*



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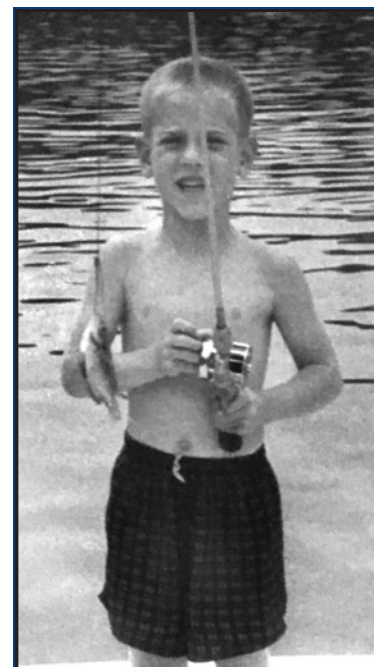
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1 tablespoon natural sugar  
3 strips bacon, cut into small pieces  
1/2 small red onion, sliced thin  
3/4 cup golden raisins  
1 cup cheddar cheese, shredded  
1/4 cup low-fat mayonnaise  
1/4 cup low-fat plain yogurt  
3 tablespoons champagne vinegar  
1/2 lemon, juiced

Sea salt and fresh ground pepper, to taste

Bring a large pot of water to a boil, season with sea salt. Blanch broccoli for about one minute then remove and submerge in ice water or cold water to cool; place in large mixing bowl. Sauté the bacon pieces until brown and crisp. About two minutes before removing bacon from pan, add the halved tomatoes and the sliced red onions; sauté for about 2 more minutes and remove from heat, let cool. Once cool add this mixture to the broccoli and stir until combined. Add the golden raisins and the shredded cheese. In small bowl mix the mayonnaise, plain yogurt, sugar, vinegar, lemon juice, and salt and pepper. Combine and pour over the salad; mixing thoroughly. Refrigerate and serve cold.✱



Broccoli and Tomato Salad

photo courtesy Fresh From Florida

## LIVE ON THE ISLANDS

**Cielo** has live entertainment Tuesday through Sunday with pianist and vocalist Scott McDonald

**Island Cow** has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey returns on Sunday.

**The Jac Island Bar & Grille** has live entertainment on Friday with Renata Band. Neon Summer performs on Saturday. On Sunday, it's CJ Matthews. Side Show Bob plays on Monday. Flying Hasselhoff's perform in Tuesday. The Po Boys play on Wednesday. On Thursday, it's James Prather.

**Sundial Beach Resort & Spa:** Jeff Key plays on Sunday at Turtle's Pool & Beach Bar; John McLane plays on Wednesday at Sea Breeze Cafe.

**Traders Coastal Cuisine** has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.✱

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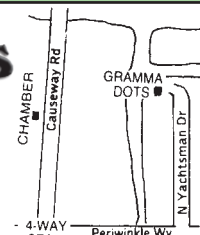
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Island Currents

# Following The Island Currents



by Kathy Kurtz Ferrari

**I**t's January, and while our weather is better than most places in the country right now, some days can get a little chilly.

Besides going to the beach, there are many other things to do. One of the must-see places on Sanibel is the **JN “Ding” Darling National Wildlife Refuge**, located at 1 Wildlife Drive, off Sanibel-Captiva Road. With more than 8,000 acres, the refuge protects approximately 250 species of birds, 51 species of reptiles and amphibians and 32 species of mammals, according to the “Ding” Darling Wildlife Society. It also has a fabulous gift shop called the **Refuge Nature Store**. While I have visited the refuge many times, I am embarrassed to admit I had never visited the free, indoor Visitor and Education Center and the Nature Store. Apparently I am among a minority. According to Ann-Marie Wildman, manager of the Nature Store, approximately 300,000 visitors come through the Education Center every year. (Over one million annually go on the drive through the refuge itself, so I'm not



**Ann-Marie Wildman, manager of the Refuge Nature Store, holds the 75th anniversary mascot** photos by Kathy Kurtz Ferrari

that alone.) While the Nature Store sells hats, guide books and refuge-themed memorabilia, it has a surprising variety of items. Wildman, a former art gallery owner, enjoys filling the shop with unique items, ranging from artwork to gorgeous women's handbags and jewelry. “I've really tried to eliminate the ‘made in China’ items, and curate pieces that are made in Florida or at least American made,” Wildman said. All proceeds at the Nature Store go directly to support the refuge, and Wildman buys from vendors that support



**Gorgeous beaded handbags and python skin accessories are sold at the Refuge Nature Store at JN “Ding” Darling National Wildlife Refuge**

conservation efforts. My eye was drawn to colorful beaded purses on display. While the nature-based pieces by designer Mary Frances may not be suitable for a refuge walk, they are perfect for an evening out. “I love the python pieces,” Wildman said, pointing out elegant accessories made from invasive pythons caught in the Everglades by Dusty Crum, the licensed hunter featured on the Discovery Channel. “They are all legal,” Wildman explained. “This is all sanctioned by the U.S. government.” Other surprising finds include jewelry made from recycled piano wire, handbags made out of recycled juice boxes and soda cans, and etched glass pieces by local artist Lucas Century. This year marks the 75th anniversary of the refuge, and items in the Nature Store sport a logo designed for the occasion, featuring the pink roseate spoonbill. An adorable stuffed animal version is very popular. The showy pink bird with a spooned-shaped bill, sometimes seen in the refuge, is often confused with a flamingo. “Everyone wants to see the spoonbill,” Wildman added. The Education Center offers free



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lectures throughout the season. Currently on display is an exhibit of photographs of the Everglades by Clyde Butcher, running through February 5. Butcher will be at the refuge for a lecture on Friday, January 24.

Visit [www.shopdingdarling.com](http://www.shopdingdarling.com) for more information about the Nature Store.

While we're at this end of Sanibel, another interesting place to visit is **In the Garden at RS Walsh Garden Center**, located at 3889 Sanibel-Captiva Road.

A visit here is a bit of a spiritual experience. Winding paths lined with colorful plants and flowers are punctuated with Asian-inspired sculptures, as the sound of running water flows through fountains.

Cindy Vos, In the Garden manager who does most of the plant buying, feels lucky to work in such a peaceful environment.

"It's very Zenful here," Vos said as she stood among native plants on a warm afternoon. "I tell customers, I don't have a bad day; I call it, 'I'm having a day.' And I don't have them very often, but when I do, I find that I frequently will just get out and walk through our gardens to find some Zen and clear my head a little bit and go back to work. I'm very lucky to have that at my disposal."

Owners Robert and Lisa Walsh opened In the Garden 10 years ago as a landscape design showroom, adding to their long-established RS Walsh Landscaping and Design business. The garden center features thousands of plants, trees and shrubs, and also has inspiring giftware and pottery.

"Even palm trees alone, there are over



**Zen-inspiring items are on display at In the Garden**

500 varieties of palms, and I think on this property we must have 30 to 50, all different sizes, species," said Vos.

Homeowners can also get ideas for pavement materials and garden features such as pergolas, lighting, fencing and furniture.

In the Garden is staffed with horticultural experts who can help customers choose the right plant materials for the environment. Vos and fellow employee Chris Stack recently earned the highest certification for professional horticultural education, learning about plant biology, identification, pests and pesticides, diseases, fertilizers and other areas.



**Cindy Vos, In the Garden manager, can offer expert horticultural advice**

"You just really have to know everything connected to your business and be an expert at it," Vos stated.

Garden center staff members can also work with customers to create a potted, living floral arrangement for gift giving.

The garden center holds classes throughout the season for those interested in topics like succulent gardens, air plants, orchids and butterfly gardens. Full details are available at In the Garden.

Events are being planned this year to mark the garden center's 10th anniversary. Over the years, RS Walsh has been a generous supporter of island events and organizations.

"It's very important to us to be a part

of the community and be a service to the community," Vos stressed, noting the company helped implement educational gardens at The Sanibel School, and assisted for Taste of the Islands.

In The Garden is open from 10 a.m. to 4 p.m. Monday through Friday, and Saturday from 9 a.m. to 1 p.m.

Visit [www.rswalsh.com/garden-center](http://www.rswalsh.com/garden-center) or call 395-5859 for more information.

So until next time, enjoy the island currents!

*Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email [Kathy.islandsunnews@gmail.com](mailto:Kathy.islandsunnews@gmail.com).* ✨

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The Community House

## Cinnamon



by Resident Chef Jarred Harris

I love cinnamon. Every household in America has it this time of year. Those humble brown sticks of deliciousness remind me of comfort foods such as cinnamon donuts, peach cobbler, apple pie and cinnamon rolls. In the culinary world, it's considered a sweet spice, which means it works well in savory dishes and is fabulous in desserts.

Cinnamon has been around since 2000 BC and at one point in history, cinnamon was more valuable than gold. Cinnamon comes from the bark of several varieties of cinnamon tree. The outer bark of the tree is removed and then the inner bark of the tree, also known as the "cinnamon layer," is removed and dried. When cinnamon is dried, it naturally curls up into sticks called "quills." These quills are then cut into smaller sticks or ground into powder.

There are two types of cinnamon, the

"cassia" variety, which is widely used in the United States and is grown in China and Indonesia. The second is "ceylon." This variety is widely used in Europe and Asia and is produced in the Seychelles, Sri Lanka and Madagascar. Both types of cinnamon are used in traditional medicine as well as culinary applications.

Cinnamon contains a powerful antioxidant that helps control blood sugars. Cinnamon is also high in fiber and contains large amounts of calcium, magnesium and iron. Cinnamon oil is used in natural insect repellants, natural hair highlighting products and other cosmetics.

Here is a simple recipe to try using cinnamon:

**Cinnamon and Clove Cookies****Ingredients**

2 ¼ cups unbleached bread flour  
2 tsp. baking powder  
2 tsp. ground cinnamon  
1 tsp. ground cloves  
¼ tsp. salt  
1 cup butter (room temperature)  
1 ½ cup granulated sugar  
2 eggs  
½ tsp. vanilla extract  
1 tbsp. fresh coffee grounds

**Method**

Preheat oven to 350F. Line two large cookie sheets with parchment and set aside.

In a large bowl, sift together the first five ingredients and set aside. In a separate bowl, cream the butter and sugar until well blended and pale in color. Add the eggs, one at a time until fully and incorporated and then add the vanilla.

Slowly add the dry ingredients and mix until no white streaks remain. Stir in the coffee grounds and mix until completely distributed throughout the dough.

Scoop the dough into 1-inch balls and place them 2 inches apart on the cookie sheets.

Bake for 15-17 minutes until golden brown but slightly soft in the center.

Remove from the pan and place on a wire rack to cool completely. Top with powdered sugar and serve.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.\*

## City: Keep 2016 Hurricane Passes

In the City of Sanibel's continuing efforts to control costs, it will continue to use the 2016 series hurricane passes. Everyone issued a 2016 series pass must keep their pass for use in 2020. The valid passes for the 2020 hurricane season are purple (residential) and tan (commercial).

Used after an evacuation, the passes aid security, speed reentry and provide traffic control at a time when traffic must be kept to a minimum.

Owners and residents who have not been issued one of the passes should request one. A short application and

specific documentation are required.

Visit [www.mysanibel.com/emergency-management](http://www.mysanibel.com/emergency-management) for more information.\*

## Shell Islands Garden Club Auction Tuesday

The Shell Islands Garden Club Auction will be held on Tuesday, January 14 beginning 2 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. It is open to the public.

A mix of home and garden accessories, vintage and new items, and island-themed decor will be highlighted in both live and silent auctions. Bidding in the live auction will start at 12:15 p.m. while the silent auction tables will be open for continuous bidding during the event. Bidders looking for bargains and unique treasures are invited to register when the doors open at noon.

"Our garden club sponsors the auction every other year to raise monies for a number of local nonprofit organizations," said Lisa Cochran, president of the club. "In the past, we have supported beautification projects on Sanibel and helped CROW, SCCF, The Community House and the Historical Museum and Village."

Maggie Butcher and Jeannine Brinkerhoff are chairing this year's event. Light refreshments will be served. For more information about Shell Islands Garden Club, visit [www.sanibelgardenclub.org](http://www.sanibelgardenclub.org).\*

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## Sanibel Public Library Programs

Weekly children's programs with Youth Service Librarian Deanna Evans continue at Sanibel Public Library. STEM programs for all ages have been added to the schedule. Events are on the calendar online at [www.sanlib.org](http://www.sanlib.org).

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. Family Storytime helps develop pre-reading skills through songs and stories. Length is approximately 20 to 30 minutes plus the craft and activities that follow. There will be no storytime or afterschool programs on January 22 or 23. A special Saturday Family Storytime will be held on January 11 at 10 a.m.

Saturday Crafterday, for first through sixth graders, will be held at 11 a.m. on January 11.

There is no registration required for these youth programs, and no additional cost to participate.

### Programs for Adults

Better Searches: Getting Best Results On Google is at 10 a.m. on Friday, January 10. In this "Apps with Apps" session, Beth Jarrell will discuss how Google works and show you what makes a search "good." Learn how to use keywords, Google shortcuts and tips to keep personal information safe when you're online. On Thursday, January 23 at 2 p.m., Jarrell will review using the library's language learning app (Mango) and magazine reading software (rbDigital). Appetizers will be served at both sessions



**Paul Harmon experiencing HoloLens mixed reality at the library** photos provided

while you learn how to use library apps, which are available to all Sanibel Public Library cardholders at no extra cost.

Jarrell began working as an intern at the Sanibel Public Library in July. She graduated with a bachelor of arts with honours in journalism from the University of Toronto in 2015, and earned a masters of library and information science from the University of Washington in June 2019.

Sanibel Public Library and MacIntosh Books welcome bestselling author Cassandra King Conroy, who will discuss and sign copies of her new memoir on Saturday, January 11. The reception begins at 6 p.m. at the library, with lecture to follow. Her 2019 memoir, *Tell Me a*



**Duane Shaffer presenting a World War II program**

*Story: My Life with Pat Conroy,* pays tribute to her late husband, the legendary figure of modern southern literature. There will be no tickets required, and no additional cost to attend. The event is supported by grant from the Sanibel Public Library Foundation.

Duane Shaffer of Sanibel Public Library will present his popular World War II lecture series, starting with 1942 Battle of the Atlantic. The program starts at 10 a.m. on Friday, January 17. Shaffer will be presenting the strategy and tactics of this brutal naval campaign involving Convoy PQ17. His next talk will be held on Friday, February 7 with 1942 Battle of Midway.

Robin Heid and Doug Webster visited the Antarctic Peninsula in 2014. Their visit

included numerous shore excursions, and close-up encounters with wildlife ranging from whales to seals and penguins. At 10 a.m. on Monday, January 20, they will present a half-hour video about their trip, plus answer questions about the logistics, costs and options of traveling to the south polar region.

Dr. Brian Formolo will present *Reduce Your Risk for The Big Three: Cancer, Diabetes and Heart Disease* at 10 a.m. on Tuesday, January 21. Learn how to significantly reduce your risk for all three of these threats to your health with proactive strategies backed by scientific research.

Ross Hauser, MD, and Marion Hauser, MS, RD, CEO, will present a Regenerative Medicine talk at 1:30 p.m. on Wednesday, January 22. The Hausers and Caring Medical Florida specialize in treating chronic pain and sports injuries with prolotherapy and regenerative injection therapy.

Reserve your spot for the morning of Wednesday or Thursday, January 22 or 23 to experience Microsoft HoloLens mixed reality smartglasses. Call the library at 472-2483 for available times.

The public is invited to these programs. There is no registration required (unless noted) and no additional cost to participate.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee, and are good for one year.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483, or visit online at [www.sanlib.org](http://www.sanlib.org).



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Book Review

Blue Moon



by Di Saggau

Jack Reacher is back in a brand new thrilling read from Lee Child. This is a random universe. Reacher says, “Once in a blue moon things turn out just right,” but this isn’t one of those times. Reacher is a retired Army military policeman who travels to random places. This time he’s riding on a Greyhound bus and watching an elderly man sleeping in his seat, with a big fat envelope of cash hanging out of his pocket. This is spotted by another passenger, who hopes to get rich quick. Upon leaving the bus, the mugger makes his move and Reacher puts a quick stop to things. He discovers the old man owes big money to some very bad people. Organized crime in this unnamed city is split two ways. Ukranians run the west end of the city and Albanians the east side. The old man is grateful and yet he turns down Reacher’s offer to help him home. He’s vulnerable, scared and in big trouble. Reacher doesn’t give up easily. He lends a hand to the man and his wife who are under threat from loan sharks and ends up in the midst of an underworld war. Each side thinks that Reacher is an agent for outside forces, and the body



image provided

count between the two gangs grows. Suddenly, Reacher is a wanted man in the middle of a brutal war. He teams up with a waitress who knows more than she’s saying and, eventually, even though the odds are against him, Reacher delivers the justice he believes in. *Blue Moon* can be read with no background on Reacher, so anyone starting out with this book will have no problem following along. The plot is original and the characters are believable in this action thriller.✱

School Smart



by Shelley M. Greggs, NCS P


**D**ear Shelley, My son started 3rd grade this year and now, after holiday break, he seems very unmotivated. He has always liked school well enough but now he seems to be quite uninterested. How can I help him be more interested in school?

Anna C, Cape Coral

**Anna,** The first thing you want to do is figure out whether there is some obstacle getting in his way. Learning issues, social challenges, attention or emotional problems can all cause kids to disengage academically. Of course, not all kids who are unmotivated at school have a learning problem. Here are some suggestions for you to help your son become more interested in school if you find no other learning issues. As a parent, it is important for you to be present in the academic life of your child. Review homework with him and let him know that you’re available to answer questions. Get in the habit of asking him about what he learned in school, and generally connect with him academically. By demonstrating your interest in your child’s school life, you’re showing him

that school is important and can be exciting and interesting. This is especially effective with young kids who tend to be excited about whatever their parent is excited about. Be cautious with this behavior with teenagers though, they can “clam up” if they feel you are asking too many questions. A conversation is always better than an interrogation. The message you want to send is that you respect hard work, so reward effort rather than outcome. Praising kids for following through when things get difficult, for making a sustained effort, for trying things they’re not sure they can do successfully, can all help teach them the pleasure of pushing themselves. Praise for good grades that come easily can make kids feel they shouldn’t have to exert themselves. Kids need to know that it is okay to make mistakes. No one can get A’s on every test or perfect scores on every assignment. While kids need encouragement and it’s healthy to push them to try their best, know that setbacks are natural. Teach your son to learn from his mistakes. Another one of the most important things you can do for your child is to work with his teacher. The teacher might have additional insight about how to motivate your child, or what he might be struggling with. Likewise, you can share any strategies or information that you have. It’s important for home and school to work together. One easy way to have daily communication with school is to set up a daily report card. With this system,

continued on page 29



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Peter Zell photos provided

# Art League Meeting And Demonstration

Sanibel Captiva Art League will host well-known artist Peter Zell in a program, including an oil painting demonstration, at its next meeting on Thursday, January 16. The public is invited to attend at The Community House, located at 2173 Periwinkle Way on Sanibel, from 1 to



Bubble Room by Peter Zell

3 p.m. Zell is an oil painter who has lived on Sanibel for the past 14 years with his wife, Carol. Before moving to Florida, he practiced law in California for 32 years and occasionally took art classes at Santa Ana College. Since retiring from his law practice and moving to Florida, Zell has won many awards from arts organizations in Southwest Florida, including second place at the

Winner's Circle Exhibition in 2007. He was nominated for best new artist in the Angels of the Arts competition in Fort Myers in 2008 and featured as an emerging artist by Grandeur Magazine in Fort Myers. Zell's paintings have been accepted by the Butler Institute of American Art for its summer exhibitions in Youngstown, Ohio (2013 and 2015). He has participated in numerous solo

and group shows on Sanibel, Captiva and Fort Myers and currently shows his paintings at 2 Islands Gallery on Captiva and at BIG ARTS on Sanibel. He is an active member of Florida Artists Group and a past-president of the Sanibel Captiva Art League. For information about Sanibel Captiva Art League, visit [www.sancapart.com](http://www.sancapart.com).

From page 28

## School Smart

the child gets points from his teacher for the behaviors that you want to improve... things like completing work or following directions the first time he gets them. Then your child brings those points home, where the parents give small rewards, such as extra time on the iPad or playing a game together. If these strategies are not successful, you may want to talk to the school's counselor or psychologist to see if there are some underlying problems that need to be addressed.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.



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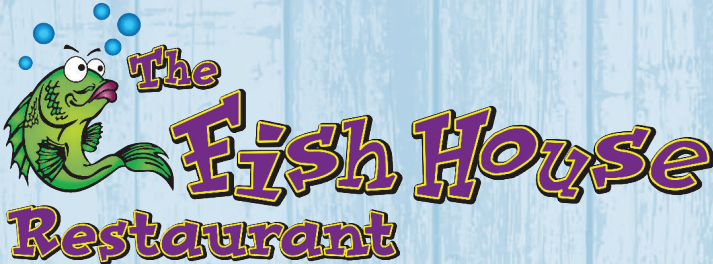
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BIG ARTS Monday Night Film Series

The Chambermaid

by Di Saggau

The BIG ARTS Monday Night Movie for January 13 is *The Chambermaid*, a drama from Mexico about Eve, a 24-year-old hotel maid. She works in one of the most luxurious hotels in Mexico City and enrolls in the hotel's adult education program to help improve her life. Eve works unsocial hours scrubbing lavatories and fluffing pillows to pay for childcare for her 4-year-old son. She seems to grow more powerful as she absorbs the job's daily grind.

Eve desires a promotion but is a long way from the top. Like Eve, we stay within the hotel's confines during the duration of the film. The director does not need to leave the building to examine class tensions and cultural misunderstandings. A VIP guest, Mr. Morales, hoards miniature toiletries. An Orthodox Jew, on the Sabbath, insists Eve push the elevator button for him. There is a well-meaning but infuriating Argentinian woman who expects Eve to watch her baby while she showers. Even though their lives are not comparable, they strike up an uneasy friendship.

The director was inspired by French artist Sophie Calle and her 1981 project when she moonlighted as a chambermaid in a Venice hotel photographing the objects guests had left behind. The

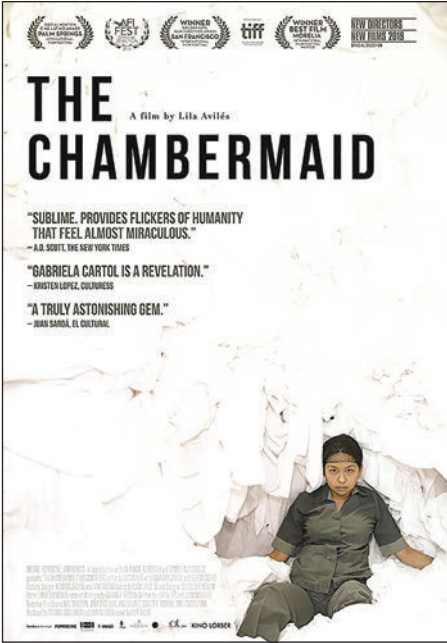


image provided

*Chambermaid* offers a snapshot of the under-appreciated and undervalued worker, giving the audience a sense of Eve's growing frustration with her environment. She's curious about her guests, the books they read and what they throw out. Each room becomes a different space for her to explore. It's easy to know what Eve is thinking about; she tells us with her eyes. The film runs 102 minutes. A reception and discussion follows the film. Moderator for the evening is Barbara Ruben.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. Films are temporarily being

shown in the Strauss Theater, located at 2200 Periwinkle Way on Sanibel. Tickets are available online, at the BIG ARTS box

office, 2244 Periwinkle Way, Suite 8, and at the door the evening of the movie. For more information, call 395-0900.✱

Meet Noted Author At Library

Author Cassandra King Conroy, who is in Florida to promote her new memoir, *Tell Me A Story: My Life with Pat Conroy*, will make a stop at Sanibel Public Library on Saturday, January 11.

Sanibel Public Library and MacIntosh Books are hosting the bestselling author, who will discuss and sign copies of her new memoir at the library. The event is supported by grant from the Sanibel Public Library Foundation. The reception begins at 6 p.m., with book talk at 7 p.m. There will be no tickets issued, and no additional cost to attend.

In *Tell Me A Story: My Life with Pat Conroy*, the woman he nicknamed "King Ray" looks back at her love affair with a natural-born storyteller whose lust for life was fueled by a passion for literature, food, and coastal South Carolina. Sandra Brown, the bestselling author of *Outfox* and *Tailspin*, wrote, "You'll read this touching memoir through tears of both laughter and sorrow. By turns lyrical and down-home, Cassandra King Conroy writes straight from the heart about the agony of loss, even while illuminating the joy of loving and being loved – timeless."

King Conroy is an award-winning and bestselling novelist whose works include *Moonrise*, *Queen of Broken Hearts*, *The Same Sweet Girls*, *The Sunday Wife*

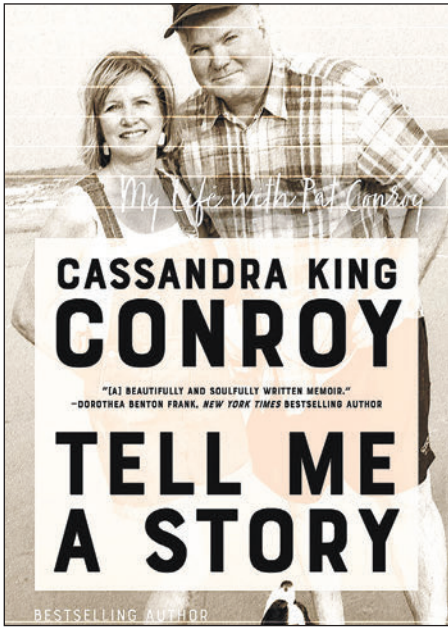


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and *Making Waves*. Before becoming an author, she taught creative writing on the college level, conducted corporate writing seminars, and worked as a human interest reporter.

Copies of King Conroy's books will be available for purchase from MacIntosh Books and Paper. Light refreshments will be served.

Sanibel Public Library is located at 770 Dunlop Road. For more information about the event, call 472-2483.✱



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**"Mama Bear" Fay Carney**  
photos by Jeff Lysiak

## Polar Bear Plunge Carries On Without Papa

by Jeff Lysiak

In nearly every aspect, last Wednesday's 20th annual Polar Bear Plunge meeting on Sanibel's Tarpon Bay Beach resembled each of the previous New Year's Day dips into the "chilly" waters of the Gulf of Mexico.

There were people dressed in absurd



**With "bears" in the water and "mice" waving from the shore, last Wednesday's annual Polar Bear Plunge on Tarpon Bay Beach drew a crowd of more than 250 participants and spectators**

headgear and ludicrous costumes.

The weather was warm and sunny, with a slightly balmy breeze.

And everybody in attendance seemed to be having a grand time taking part in the silly island tradition.

However, the obvious absence of the event's founder, John Carney, was felt in the hearts of most participants.

Carney, known to many as "Papa Bear," passed away one week before this year's Polar Bear Plunge.

"His was a life well lived," said his widow, Fay Carney. "John was part of the fabric of the island community for years. He just loved running this event every year. And he was really looking

continued on page 18B

## 'Ding' Darling Names Tract In Honor Of Donor

The Lee Anne Tauck Conservation Tract officially became part of the "Ding" Darling vocabulary on January 9, when the JN "Ding" Darling National Wildlife Refuge and "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) unveiled a new sign dedicated to island philanthropist Lee Anne Tauck at the recently acquired 68-acre Wulfert Bayous property on Sanibel.

"Lee gave the whole project lift-off with her generous donation," said DDWS campaign leader John McCabe. "With permission from the Lee County commissioners, which also made the acquisition possible through its \$6.5

million Conservation 20/20 contribution, we dedicate the Lee Anne Tauck Conservation Tract in her honor."

Tauck has long been a friend of the refuge and other island organizations through her volunteering and philanthropy, particularly where conservation education is concerned.

"We endearingly refer to her as 'The Bus Lady,' because for so many years she has been underwriting the cost of more than 5,000 students annually getting bused to the refuge for field trips, after the school district cut funding for them," said Supervisory Refuge Ranger Toni Westland. "Her belief in the education of our younger generation to inspire future conservation stewards has been steadfast, and she sees the impact this has on the kids in Lee County and the teachers who bring them on these visits."

"Lee's family tour business has taken

her around the world, where she has seen the effects of disappearing natural lands," said DDWS Executive Director Birgie Miller. "As a result, conservation and protection of land is one of her top philanthropic areas of support. The naming of this tract recognizes the impact of philanthropy in protecting land on Sanibel Island."

Tauck's influence on land preservation and conservation education spans islands-wide on Sanibel and Captiva and beyond. Her quiet and generous philanthropy has supported additional conservation organizations such as Clinic for the Rehabilitation of Wildlife (CROW), Bailey-Matthews National Shell Museum, and Sanibel-Captiva Conservation Foundation (SCCF), as well as other charities including FISH of SanCap, The Community House, Community Housing and Resources (CHR) and BIG ARTS.

Tauck's "Ding" Darling contribution kicked off a remarkable campaign led by DDWS, which managed last year to raise \$3 million within months to stem the development of 28 homes in the Wulfert Bayous area adjacent to the refuge and other conservation lands. The property is a vital link that will enhance water habitat and quality.

In August 2019, the Lee County Commissioners' vote in favor of supporting the acquisition cinched the deal. DDWS closed on the land in December, and the property will be managed and maintained by the refuge as part of the historic partnership. DDWS and the refuge have plans to restore Wulfert Bayous as a mangrove rookery for colonial wading birds over the next several years and preserve the land in perpetuity as a native habitat for all island wildlife.✱



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2020 Speaker Series

All programs are held from 9:30 – 11:30 AM  
Sanibel Community House | 2173 Periwinkle Way | Sanibel

WEDNESDAY, JANUARY 15

Aging in Place & Long-Term Care

Andrea Sieradzki, Campus Director | Gulf Coast Village

Aging well at home is possible if you plan ahead. Researching long-term care strategies to support your lifestyle are the key to making it happen. Learn how at our January program.

TUESDAY, FEBRUARY 4

Your Spouse Has Passed – What Now?

Peter Knize, J.D., LL.M., Trust Administration

Your loved one may have managed the financial and estate responsibilities in your household. Whether or not your spouse or significant other has already passed, be prepared by knowing the hurdles that widows and widowers face during the first year and the resources available to you.

TUESDAY, FEBRUARY 25

Protecting the Inheritance You Leave Your Loved Ones

Craig R. Hersch, P.A. | Shepard, Brett, Stewart, Hersch, Kinsey & Hill, P.A.

Many estate plans are vulnerable to common dangers such as divorce, creditors, malpractice cases, car crashes or business lawsuits. Learn the latest estate planning strategies that will protect your loved ones when you're no longer here to protect them yourself.

TUESDAY, MARCH 10

Election Results and Your Portfolio

Timothy P. Vick, Director of Research  
Edwin C. Ciskowski, CPA – Senior Vice President,  
Senior Portfolio Manager

Will a Democratic or Republican White House affect investors' portfolios? We will look at the historical results, as well as what is ahead in domestic and global industry for the answers.

TUESDAY, MARCH 31

The Seven Deadly Financial Sins

Robin L. Cook, CWS and Steven V. Greenstein, CTFA,  
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On Thursday, January 16, national political consultant Robert Schaeffer will kick off the election year by addressing the Progressive Club of the Islands on the topic of Opportunity 2020: How You Can Help Progressives Win Big. The meeting will begin at 7 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. It is free and open to the public.

Drawing on survey data and other statistical indicators, as well as humorous anecdotes from his own extensive campaign experience, Schaeffer will examine a range of races, from the presidency to control of Congress, as well as statewide Florida ballot questions and Southwest Florida contests. At each level, the focus will be on where (and how) grassroots activists can have greatest impact.

Since moving to Sanibel in 1999, Schaeffer has organized the Florida civic engagement table, which coordinates nonpartisan voter registration and get-out-the-vote activities, staffed the Florida environmental funders collaborative and played a leadership role for several ballot questions and local races. He is currently president of FairDistrict Now, the statewide redistricting reform organization, and treasurer of the Progress Florida Education Institute, which runs issue-oriented messaging campaigns. Schaeffer also is a strategic communications consultant for social change organizations and campaigns in Boston, Washington, DC and Colorado, as well as here in Florida.

Previously, he worked for several



**Bob Schaeffer** photo provided

political groups in New England, was research director for the Massachusetts Legislature's Human Service Committee, hosted a talk show on the NPR affiliate in Boston, wrote editorials for WBZTV, and attended MIT as both an undergraduate and graduate student. Over the past four decades, Schaeffer has led more than 300 workshops on political campaign management, media relations, public speaking, strategic planning and advocacy skills. He is co-author of *Winning Local and State Elections: The Guide to Organizing Your Campaign*.

Democrats, Progressives and others concerned about the 2020 election are invited to attend. To join the Progressive Club of the Islands, mail your check payable to PCI for \$30 for individual and \$60 for couple to PCI, P.O. Box 898, Saniibel, FL 33957. For more information, email [pcisancap@gmail.com](mailto:pcisancap@gmail.com) or call 994-3175.\*

Captiva Panel  
Public Meeting  
On Wastewater

The island community is invited to a public meeting on Captiva wastewater findings and alternatives at the Captiva Civic Center on Tuesday, January 28 at 7 p.m., presented by the Captiva Community Panel.

David Tomasko, PhD, with Environmental Science Associates will provide a review of his recent study regarding potential health and environmental risks associated with septic systems. Wastewater committee chair Jay Brown will follow with a discussion of Captiva's wastewater alternatives.

Public comment will be encouraged to provide feedback for the panel to consider in its development of a long-term wastewater strategy recommendation.

**Community Panel To Meet**

The next meeting of the Captiva Community Panel is tentatively set for Tuesday, January 14 beginning at 9 a.m. in the Cone Rooms at South Seas Island Resort. Among the agenda items: a wastewater committee update,

a continued discussion on proposed expansion of the golf cart zone to 'Tween Waters Inn, a Blind Pass Bridge update, committee reports and updates from island organizations.

This meeting is open to all interested islanders and the public. Information and background documents are available online at [www.captivacommunitypanel.com](http://www.captivacommunitypanel.com).

Next month's panel meeting is set for February 11, followed by a meeting on March 10.

**CEPD Meetings Ahead**

Upcoming meetings of the Captiva Erosion Prevention District (CEPD) include Monday, January 13, Monday, February 10 and Monday, March 9. All meetings will be held in the Cone Rooms at South Seas Island Resort starting at 1 p.m. Information is online at [www.mycemd.com](http://www.mycemd.com) or call 472-2472.

**Hurricane Passes Stay The Same**

It's never too early to start planning for the next hurricane season. With that in mind, the City of Sanibel has announced it will continue to use the 2016 series pass for the upcoming 2020 season. Owners and residents who have not been issued one of the passes should visit [www.mysanibel.com/emergency-management](http://www.mysanibel.com/emergency-management) for more information.\*





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You may also contact Melanie Moraga at 239-395-2233 or mmoraga@shellmuseum.org



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This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

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2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from the beach, this complex is an ideal West Gulf Drive location.

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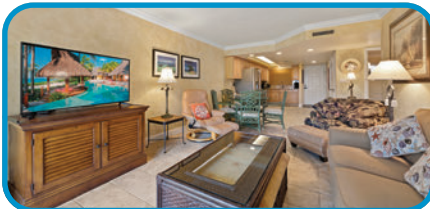
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Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

**\$699,900**

Sandalfort #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

**\$674,000**

4014 West Gulf Drive



Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks, native vegetation, oversized salt water pool. Gulf view, an exceptional home!

**\$3,699,000**

[www.SanibelCaptivaRealEstateGuide.com](http://www.SanibelCaptivaRealEstateGuide.com)

Locations In Sanibel and Captiva

2400 Palm Ridge Rd. Sanibel • 11508 Andy Rosse Ln. Captiva



Clyde Butcher's new American Everglades Collection exhibition is on view for only the second time in Florida

photo provided

## Exhibit Open For Conference And Public Viewing

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) is host sponsor for the Everglades Coalition (EVCO) Conference, held from January 9 to 11 at South Seas Island Resort on Captiva. The society invites all attendees to visit the "Ding" Darling Visitor & Education Center for a free viewing of the Clyde Butcher American Everglades Collection exhibition during their stay.

DDWS will set up an EVCO informational table at the entrance to the Visitor & Education Center. While there, visitors can purchase Clyde Butcher books, cards and logo wear at the Refuge Nature Store, profits from which benefit conservation education and research at the JN "Ding" Darling National Wildlife Refuge on Sanibel. Attendees can email shoies@dingdarlingsociety.org to receive a 10 percent discount coupon to the store.

Visitors also have the opportunity to purchase a photographic print that Butcher personally has hand-printed, signed, and individually numbered (no discount applies). For each print purchased through the DDWS, Butcher will make a contribution to benefit the refuge.

The fine art prints are available framed in a variety of sizes and price ranges, from 6 by 9 inches and larger, and will ship to homes and businesses directly from the artist.

"Clyde's nature art prints have become highly collectible throughout the world, not only for their clarity and aesthetics, but also because Clyde has perfected the labor-intensive process of hand-printing each photograph in his darkroom using fiber-based paper," said Ann-Marie Wildman, nature store manager and former gallery operator.

The exhibition, part of the refuge's 75th anniversary celebration, is open for free viewing daily from 9 a.m. to 4 p.m. through February 5. Visitors wishing to purchase a print of an original photograph from the collection can do so through the Nature Store.

"The underlying message to this important exhibition is the value of preserving the fragile Everglades habitat and the quality of our waterways in the pristine state in which Clyde Butcher has captured them," said DDWS Executive Director Birgie Miller. "We welcome our EVCO colleagues to enjoy this first-of-its-kind exhibition and thank sponsors Mark and Gretchen Banks for making it possible."

For more information about the sale of Butcher's prints and the exhibition itself, contact Wildman at 472-1100 ext. 241.\*

## Fund Established For Water School Scholarship

Sanibel FlyFishers (SFF), in partnership with Florida Gulf Coast University (FGCU), have established the SFF/FGCU Water School Scholarship Fund.

The fund will be used to establish an annual one-year scholarship at FGCU for a senior or graduate student enrolled in the FGCU Water School or the marine sciences program. Qualifying students must be residents of Southwest Florida (Collier, Lee or Charlotte counties), be of good academic standing and demonstrate financial need. Student selection will be under the direction of Florida Gulf Coast University with input from Sanibel FlyFishers.

Fundraising activities will kick off on Tuesday, February 25 with the 2nd

annual showing of the Fly Fishing Film Tour (F3T) at The Community House on Sanibel. Captains for Clean Water will also receive a donation from this event.

Tickets for F3T 2020 are \$30. Donations to the SFF/FGCU Scholarship Fund may also be made separately at the event or by mailing a check made out to Sanibel FlyFishers Inc., P.O. Box 595, Sanibel, FL 33957. Write "SFF/FGCU Scholarship Fund" in the memo line of your check.

The Sanibel FlyFishers holds its monthly meetings and several other events each month at the Sanibel Public Library, located at 770 Dunlop Road on Sanibel. Visit [www.facebook.com/SanibelFlyFishers](http://www.facebook.com/SanibelFlyFishers) for more information.

The Community House is located at 2173 Periwinkle Way on Sanibel. Tickets are available at Norm Zeigler's Fly Shop and Whitney's Bait and Fly Shop on Sanibel, or by visiting <https://flyfilmtour.myeventscenter.com/event/Sanibel-FL-3676>.\*



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From left, Eldon Bohrofen, Don McDonald, Darrin Grotrian and Vicky Bowers photo provided

# Bank Supports Rotary Arts And Crafts Festival

Bank of the Islands has signed on as a silver sponsor of the Sanibel-Captiva Rotary Club 37th annual Arts & Crafts Festival, scheduled for Saturday and Sunday, February 15 and 16 at The Community House. With over 100 juried artists, the arts and crafts

festival is the primary fundraiser for Sanibel-Captiva Rotary. It allows the club to disperse grants of about \$100,000 to both local and international causes. "Bank of the Islands is thrilled to be a silver sponsor of the 2020 Rotary Arts and Crafts Festival, and assist in the good work done here on Sanibel and internationally by Rotary," said Darrin Grotrian, assistant vice president. For more information concerning Rotary's Charity Giving or to make a contribution, contact Chet Sadler at 472-7257.\*

# Talk On Extreme Weather, Rising Temperatures

submitted by Ariel Hoover, Climate Reality Leadership Corps

Already on October 13, 2014 the U.S. Department of Defense said that "climate change will likely lead to food and water shortages... as well as disputes over refugees and resources..." Syria is one of our best examples, as are Honduras and Guatemala. Because of a long drought, Syria couldn't feed its people, helping contribute to the Syrian Civil War. Refugees coming up from Honduras and Guatemala to our country are leaving because of a long-term drought. Since they are farmers, there is no way to feed their families in their own countries.

We know that our region is one that is predicted to suffer the most from our warming temperatures. If you look at the U.S. temps, you will find that 18 of the last 19 years have been the hottest years on record, with the last five being the hottest of all according to NASA. Ninety percent of this extra heat is stored in the ocean, which causes more intense downpours. January to May of 2019 were the wettest months on record in the U.S., with 1.1 million acres of cropland flooded this year in the Midwest. Their growing season never recovered. Hence, look for a rise in your grocery bill.

When we look at the food supply worldwide, we will see that only North and South America have reliable food surpluses. Eastern Europe occasionally has extra, and Australia a bit, but not this year with all of their fires. Heat causes the loss of our four major food crops, as well as a loss of nutrition. Heat and humidity can cause diseases that threaten us and our livestock. Of course, pests, like ticks, love the hotter weather and already threaten our cattle industry.

Of all the intractable problems, perhaps clean, drinkable water is the most confronting. Already, 40 percent of the

human population doesn't have enough water to drink. When you think of the world's drinking water as a thimbleful in a bathtub, you get the seriousness of the problem. If you had been in Chennai, India, a city of well over one million, this summer, when they ran out of drinking water; you would be aware of this issue, particularly if you did not have enough money to pay for the water being trucked in. Indeed, we have water issues here which are not yet solved. We do have solutions, though. Come to The Community House, located at 2173 Periwinkle Way on Sanibel, on Wednesday, January 22 at 7 p.m. to hear what they are.\*

# Trust Company Programs On Florida Domicile

The Sanibel Captiva Trust Company is offering a round table seminar on how to establish Florida Domicile on Wednesday, January 22 from 3 to 4:30 p.m. at the Sanibel office board room, located at 2460 Palm Ridge Road.

The seminar is being hosted by Robin L. Cook, executive vice president of The Sanibel Captiva Trust Company and David M. Platt, wills, trusts and estates attorney of SanCap Law. Cook explains the importance of understanding the definition of "Florida Domicile" and why it is critical for new residents to follow steps to establish it: "So often, new residents to the area believe that purchasing a home here and spending part of the year means they have 'domiciled,' which provides them with the privileges and benefits of Florida estate tax laws and protections," said Cook, "but that is not the case. There is much more to it and this is what we address at our seminar."

Seating is extremely limited in this round table format, designed to maximize time with the advisors. Reservations are required. Investable assets of \$2 million and higher. RSVP by calling 472-8300 or email [fsteger@sancastrustco.com](mailto:fsteger@sancastrustco.com).\*

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  - Stunning Euro influence w/ 8 bedrooms
  - Private beach access. Tennis Court
  - Pool + entertainment areas
- \$2,850,000



532 Sea Oats Drive, Sanibel

- Southern style charm. Steps to the beach
  - Beautiful lap pool. Privately landscaped
  - Multiple living areas. Wonderful floor plan.
  - Large open decks w/ views of lake
- \$1,275,000



16970 Captiva Dr., Captiva

- Premier Beach Location on Gold Coast
  - Western Exposure Direct Sunset Views
  - Live the Island dream
- \$3,995,000



2647 Wulfert Rd. #1, Sanibel

- New interior with open layout + 2 car garage area
  - New kitchen, bathroom, flooring + electrical
  - 3/3. Fantastic #18 Fairway + lake vistas
- \$925,000



2515/2517 Wulfert Road, Sanibel

- Vacant Lot, #14 Green, lake & fairway views
  - Wonderful southern exposure
  - Awesome amenities. Dining, Golf, Tennis & Fitness
- \$259,000

Spotlight Properties of the Week



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FRIDAY  
Cloudy  
High: 77 Low: 71



SATURDAY  
Few Showers  
High: 76 Low: 70



SUNDAY  
Mostly Sunny  
High: 78 Low: 72



MONDAY  
Sunny  
High: 77 Low: 71



TUESDAY  
Sunny  
High: 79 Low: 69



WEDNESDAY  
Sunny  
High: 75 Low: 71



THURSDAY  
Mostly Cloudy  
High: 73 Low: 64

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	2:59 pm	7:05 am	11:57 pm	5:06 pm
Sat	3:30 pm	7:47 am	None	5:54 pm
Sun	12:45 am	8:30 am	3:58 pm	6:49 pm
Mon	1:37 am	9:12 am	4:26 pm	7:54 pm
Tue	2:32 am	9:55 am	4:56 pm	9:09 pm
Wed	3:35 am	10:36 am	5:27 pm	10:34 pm
Thu	4:49 am	11:16 am	6:02 pm	None

Point Ybel Tides				
Day	High	Low	High	Low
Fri	2:04 pm	7:07 am	11:02 pm	5:08 pm
Sat	2:35 pm	7:49 am	11:50 pm	5:56 pm
Sun	3:03 pm	8:32 am	None	6:51 pm
Mon	12:42 am	9:14 am	3:31 pm	7:56 pm
Tue	1:37 am	9:57 am	4:01 pm	9:11 pm
Wed	2:40 am	10:38 am	4:32 pm	10:36 pm
Thu	3:54 am	11:18 am	5:07 pm	None

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	1:18 pm	7:03 am	11:56 pm	6:05 pm
Sat	2:06 pm	7:48 am	None	6:53 pm
Sun	12:31 am	8:33 am	3:00 pm	7:48 pm
Mon	1:12 am	9:16 am	3:49 pm	8:48 pm
Tue	2:11 am	9:57 am	4:32 pm	9:48 pm
Wed	3:43 am	10:38 am	5:15 pm	10:56 pm
Thu	5:11 am	11:26 am	5:58 pm	None

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	1:21 am	10:21 am	5:09 pm	8:22 pm
Sat	2:07 am	11:03 am	5:40 pm	9:10 pm
Sun	2:55 am	11:46 am	6:08 pm	10:05 pm
Mon	3:47 am	12:28 pm	6:36 pm	11:10 pm
Tue	4:42 am	1:11 pm	7:06 pm	None
Wed	5:45 am	12:25 am	7:37 pm	1:52 pm
Thu	6:59 am	1:50 am	8:12 pm	2:32 pm

Island Seniors  
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



**Kayaking on Tuesdays and Select Thursdays** – January 14 and 16 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who bring their own. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

**Line Dancing Classes** – Fridays, January 10, 17 and 24 at 2:15 p.m. Cost is \$2.50 for members and \$5 for non-members. The instructor will review dance steps then turn up the music. Advance registration not required.

**Knitting With Deborah Boehm** – Mondays, January 13 and 27 from 2:30 to 4:30 p.m. Open to all skill levels, including beginners. Bring your project(s). Share your interest in knitting with others. This is an informal, no charge, drop-in group.

**Page Turners with Louise Fitzgerald & Ann Hartman** – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

**Bea Pappas, ISEA-NF Collage, Part 1** – Tuesdays, January 14 and 21. Cost is \$100 for members and \$130 for non-members. Make collage papers with gelli plates, fabric, tissue paper and *National Geographic* pages. Bring acrylic paint, preferably liquid, not tubes; white tissue paper, cloth-style paper towels, flat nylon brush (one- or two-inch) and a water container to clean brushes.

**Pancakes with Pals** – Captiva House, Thursday, January 20 at 9:30 a.m. The Pancakes with Pals group meets for breakfast at different locations on the islands. Separate checks will be provided. Advanced registration required as seating is limited. Carpool arrangements for transportation.

**Baker Museum Private Tour: Magritte, Monet to Matisse Exhibits** – Wednesday, January 29. Cost is \$12 for members and \$22 for non-members. Lunch is on your own.

This is the grand re-opening of the Baker Museum, which was closed for two years due to damage from Hurricane Irma. Take a private docent-led tour to view six works of surrealist master Rene Magritte, most of them unseen outside of Belgium for 48 years. The Monet to Matisse exhibit features works by some of the world's best-known artists, including Monet, Degas, Renoir, Toulouse-Lautrec and Pissarro. Advance registration required by Tuesday, January 14. Carpool arrangements for transportation.

**Ostego Bay Working Waterfront Tour** – Wednesday, January 29. Cost is \$25 for members and \$35 for non-members.

Includes a three-hour guided tour of the working waterfront of Fort Myers Beach. Half of the tour will be in the

Ostego Bay Marine Science Center and half will be a walking tour of the commercial fishing industry. Lunch will be on your own at Doc Ford's. Advance registration required by Wednesday, January 22. Carpool arrangements for transportation.

**Learn to Play Mahjongg with Katie Reid** – January 27 to 31. Cost is \$15 for members and \$30 for non-members. Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies provided. Advance registration required.

**Damaris Peters Pike** – Friday, January 31. Damaris Peters Pike will present *Que Sera, Sera – Remembering Doris Day* in the Women of Note Series.

Contrary to the popular image of the smiling girl next door, Doris Day's story is full of pain and sorrow along with great success. This recounting of her youth in Cincinnati, her start as a big band singer, and amazing rise to stardom in movies includes several well-loved songs associated with the star, such as *It's Magic*, *My Secret Love* and *Sentimental Journey*. A \$5 donation is requested with proceeds benefitting Island Seniors programming.

**Contestants Wanted for Sanibel's Got Talent** – Thursday, February 20. If you or someone you know wish to be in the spotlight, contact Tommy Williams. He is seeking local talent to perform in this special event at the Sanibel Recreation Center, following a potluck dinner.

**Games** – Cost for all games is \$3 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at 12:30 p.m.

Game begins at 1 p.m.

**New! Euchre** – Tuesday at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at noon.

**Hearts** – Friday at 12:30 p.m.

**Bingo** – Monday, January 13 at 4:30 p.m. Games followed by potluck. Bring a side dish to share.

**Fitness Classes** – Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows:

**Cardio Combo** – Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and mat work.

**50/50 Cardio Sculpt** – Monday, Wednesday and Friday at 9:30 and 11 a.m. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

**Qigong** – Fridays, January 10, 17 and 24 from 1 to 2 p.m.

QiGong is a series of non-strenuous techniques and movements that focuses breathing, activates the body's internal energy, fosters relaxation, clears the "monkey mind" and helps to reduce stress. When combined, these techniques lead to a meditation that

continued on page 13B



East Rocks With Deeded Beach Access!  
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### Lakeside Privacy in Gumbo Limbo

Peaceful natural views from end of Begonia Ct cul-de-sac. Semi-raised home with easy-access & one-level living. Lake views from great room, eat-in kitchen, family room, master & spacious (600 sq. ft. screened deck). High ceilings, new roof & new HVAC. Separate utility room with oodles of closets too. 3 bedrms 2.5 baths. Enormous concrete storeroom under most of home, accessible from inside side-entry 2-car garage. \$549,000



### No Bridges to Deepwater & Beach Access

Convenient to causeway & Shell Harbor's gulf access with parking. 140' on sea-walled canal with 90' wood dock with lift, plus patio dock.

Fully remodeled inside & out including windows & roof. All living spaces at ground level except upper family room/loft. Central great room surrounded by 3 suites plus den. White bright, delightfully furnished in coastal decor. Expansive canal-side paver-deck pool with entertaining area too. \$2,095,000



### These Windows View San Carlos Bay

Multi-month renovation now complete. A large yet comfortable dream home, with water views from most rooms. 3-car garage, 4-stop elevator, central great room with soaring ceilings & gas fireplace. 2 master suites, one on 1st level at right & one on 2nd floor at left, both on bay. Huge open eat-in kitchen with gas cooking & butler's pantry. Multiple guest rooms, offices, media room, & pool. Includes nearby boat dock with lift. \$3,595,000



### East-End Residential Bay-Peek Condo

Lighthouse Point 2nd floor 2-bedrm plus den (or 3rd bedroom) end-unit. Assigned covered parking & storeroom below. With over 1,700 sq. ft. of air-conditioned living space plus 2 open terraces (1 off great room, 2nd off master suite). Both baths & kitchen remodeled. Separate utility room. Offered fully equipped. Community clubhouse with bike storage, pool & tennis. Easy walk to fishing pier & gulf beach. \$599,000



### Get Income & Vacations at Sandalfoot

On-site rental office, 4-night minimum in off-season (otherwise weekly), & just 15% rental fee results in Sandfoot units being excellent investments. #2D2 is gulf-view 2nd-floor 2-bedrm furnished in beachy vibe. So loved that a single winter tenant is there Dec through Mar. Community has heated pool, shuffleboard, tennis/pickleball, BBQs, bike rentals, WiFi, elevators, free laundry, assigned parking, & more. \$699,000 furnished



### Private Gulfside Place Tier Facing Beach

~2,000 sq. ft. & no side neighbors. Unique opportunity to live or vacation in desired island residential condo community. Unit #222 has been reconfigured & remodeled with neutral upscale fixtures/appliances & staged to illustrate how it could be lived. Owner comforts include on-site management office, social clubhouse with fitness room, swimming pools, saunas, tennis/pickleball, electric-car charger, gas grills, shuffleboard. \$1,395,000

## Thinking of Building?

### 4566 Buck Key Rd in Sanibel Bayous

Lowest-priced Sanibel near-beach lot. ~105' x 140' lot with southern exposure. Handy to Clam Bayou & Bowman's Beach. Plenty of room for spacious pool home. Eco Zone D-2 allows 25% impermeable coverage & 30% total developed area. Convenient to bike path, Sanibel School, recreation center, & "Ding" Darling. \$149,000

### 1894 Farm Trail in Island Woods

Single-family home lot, over 1/3 acre. In 38-home community amid preserved land. Charming olde-Florida-style design. Community amenities include heated pool & tennis courts. Inland location close to bike path & shopping. Elevation is high so several building options are available. Closest beach access at Gulfside City Park. \$249,000



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## Audubon Lecture On Future Of Climate And Birds

**A**udubon Florida Executive Director Julie Wraithmell will give a presentation, entitled *Climate & Birds: Their Future & Ours*, on Thursday, January 16 at 7 p.m. at The Community House. Like canaries warned coal miners of dangerous conditions, Wraithmell will explain how birds are harbingers of changing climate. The program is part of Sanibel-Captiva Audubon Lecture Series.

Like no other state, Florida's prosperity is tied to its natural resources through its tourism industry, property values and public health, to name a few. At the same time, it is extraordinarily vulnerable to the effects of climate change: sea level rise, warming ocean temperatures, increasingly frequent and intense storms, and changes to temperature and rainfall. Wraithmell will discuss the latest in predictions about what the climate future holds for North America's birds, what symptoms Florida is already experiencing, and how local actions add up to global impact.

Audubon Florida is Florida's oldest statewide conservation organization. With 100 staff and 45 chapters statewide, it uses science to advance durable policy solutions to the state's environmental challenges for the benefit of birds and people alike. Joining Florida Audubon in 2005, Wraithmell has successfully led statewide conservation and wildlife policy initiatives, built Audubon Florida's coastal conservation program, coordinated Audubon's response to the Deepwater Horizon disaster, and helped secure millions in funding for protecting Florida's land and water resources. In 2015, she received the Callison Award, National Audubon Society's highest staff honor.

Prior to Audubon, Wraithmell



Julie Wraithmell

photo provided

served eight years as a biologist at the Florida Fish and Wildlife Conservation Commission (FWC). While at FWC, she created the Great Florida Birding and Wildlife Trail, the incredible Florida network of more than 500 premier wildlife viewing sites. She holds a bachelor of science degree in biology from Duke University and a master of science degree from Florida State University.

This is the second of eight Sanibel-Captiva Audubon Society lectures to be held in 2020 on Thursday evenings at the new starting time of 7 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. All are welcome to attend. Doors open at 6:15 p.m. Parking is available at The Community House and across the street in the Herb Strauss Theater parking area. A \$10 donation per attendee is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida. For more information, call Bill Jacobson at 395-1878 or visit [www.san-capaudubon.org](http://www.san-capaudubon.org).✱

## Learn About The Plight Of Solitary Native Bees

**H**orticulturalist Marisol Mata will give a presentation featuring new scientific research, approaches for inspiring community stewardship towards pollinators, and a look at some of the beautiful, lesser-known bees in your own backyard. The talk will be held on Wednesday, January 22 from 10 to 11:30 a.m. at SCCF Bailey Homestead Preserve, located at 1300 Periwinkle Way.

"You'll learn about the plight of solitary bee species, the ecosystem services that they provide, and what you can do to give them a fighting chance," said Mata, who currently resides on Sanibel.

Born and raised in the city of Tucuman, in northwestern Argentina, Mata holds a licentiate degree in biological sciences from the Facultad de Ciencias Naturales e Instituto Miguel Lillo of Universidad Nacional de Tucuman, and most recently earned a master of science degree through the NC State University Horticultural Science Department.

Mata's love for the outdoors and science has taken her across much of the Western Hemisphere, including field research in British Columbia, the Caribbean Islands, and down the Andes Mountains from Bolivia to Patagonia.

Her work has always involved using science to connect local communities with nature. Her love for languages, cultures and meeting new people has helped



Marisol Mata

photo provided

steer her career towards outreach and education, an area where she feels she can have a positive impact on the way people interact with their natural environment.

"The more we learn about the ecosystems we live in, the better equipped we will be to protect them," she said.

Mata is a program coordinator for the American Public Gardens Association, where she helps develop training opportunities and educational materials to teach staff and visitors at public gardens learn how to protect their plants.

Cost is \$5 for SCCF members and \$8 for non-members. RSVP through Eventbrite/SCCF.✱

## New Relaxation Classes Offered

**Q**iGong classes are being offered at the Sanibel Recreation Center on Saturdays from 2 to 3 p.m. QiGong is a series of easy to do, non-strenuous techniques and movements that focuses breathing, activates the body's internal energy, fosters relaxation, clears the "monkey mind" and helps reduce stress.

When combined, these techniques lead to a meditation that generates a peaceful presence and an overall "good to be alive" feeling.

Classes will be offered through March 21. Non-skid, closed-toe shoes are required. Class is included with daily, weekly, six-month or annual Sanibel Recreation Center membership. A day pass is required for non-members. To sign up or for more information, call 472-0345.✱

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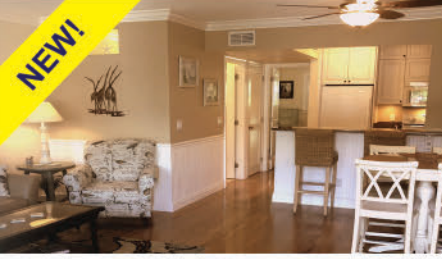
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**1567 SAND CASTLE RD • SANIBEL**  
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## STUNNING BAY FRONT



**261 FERRY LANDING DR • SANIBEL**  
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2 bath, 1637 sq ft with cathedral  
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with office area, community tennis,  
pool & fishing pier.  
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**2065 WILD LIME DR • SANIBEL**  
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From left, Nate Grey, Brian Foskey, Michael Cohn, Derrick Grey, Annie Campbell, Scott Mowry and John Grey photo provided

# Business Supports Rotary Arts And Crafts Festival

For the eighth year, John Grey Painting has signed up to become a bronze sponsor of the Sanibel-Captiva Rotary Club 37th annual Arts & Crafts Festival, to be held on Saturday and Sunday, February 15 and 16 at The Community House, located at 2173 Periwinkle Way on Sanibel.

The juried art show features more than 120 artists in a variety of mediums. The festival is the primary fundraiser for the Sanibel-Captiva Rotary Club, allowing the club to disperse grants of about \$100,000 to both local and international causes.

John Grey Painting is a local, family-owned business that has been serving Southwest Florida for over 50 years.

For more information concerning Rotary's Charity Giving or to make a contribution, contact Chet Sadler at 472-7257.\*

# Silent Auction, Speaker At Shell Club Meeting

The Sanibel-Captiva Shell Club will meet at The Community House on Sunday, January 12 at 2 p.m. The meeting will be preceded by a silent auction of shells between 1:30 and 2 p.m. All are welcome to attend free of charge. Refreshments will be served and door prizes awarded.

Sanibel-Captiva Shell Club member and former Bailey-Matthews National Shell Museum Board Chair Clair Beckmann will show pictures of shells collected on dozens of collecting trips around the world. The title of her talk is Shells from A (Africa) to V (Venezuela) and the ABC's of How YOU may find them on your vacation!

Beckmann's first collecting trip was to Fiji with the Sanibel Shell Club over 20 years ago, where she learned many things about shelling including it is not a good idea to carry a live poisonous cone around your neck in a collecting bag and it is not a good idea to wander into a village smelling like dead shells. She has had encounters with airport security who claimed a large murex was a lethal weapon. She has been extorted by armed Philippine soldiers for being in a van without seat belts (but ended up having photos taken with the soldiers). She bunked on a freezing World War II barge off the



Ron and Clair Beckmann photo provided

cost of Columbia to shell in Panama. She also had to buy back her camera from natives who expropriated it from a kayak in Fiji... all for shells.

In addition to hundreds of photos, Beckmann will share her tips on how to figure out where to find shells when you are on vacation, who and how to ask for help before your trip and, once you are abroad, how to maximize your shell finding experiences.

The Community House is located at 2173 Periwinkle Way on Sanibel.\*

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## Sponsors Sought For Charity Golf Tournament

The Sanctuary Charity Classic golf tournament will take place on Saturday, January 25 at The Sanctuary Golf Club. Lunch begins at 11 a.m. followed by a 12:30 p.m. shotgun start. A reception with food stations and cocktails begins at 5:30 p.m.

Proceeds from this season's Sanctuary Charity Classic will benefit the newly established Sanctuary Golf Club Foundation whose mission is to support nonprofits that positively impact the lives of people in need living or working on Sanibel or Captiva, and to provide educational opportunity grants to Sanctuary employees and their families. The majority of funds raised at this year's event will benefit FISH of SanCap and Community Housing and Resources (CHR).

"The Sanctuary Golf Club's members overwhelmingly embrace this event, allowing the course to be closed to just this event. They are exceptionally generous and committed to this fundraiser and the human needs on Sanibel and Captiva," said Ken Kouril, chief operating officer of The Sanctuary Golf Club.

There is a broad spectrum of sponsorship opportunities for golfers and non-golfers, ranging from the \$7,500 Diamond Partnership, which



The tournament will be played at The Sanctuary Golf Club

photo provided

includes additional rounds of golf and dinner at The Sanctuary Golf Club, to the \$2,500 Gold Partnership, a \$500 Event Partner, which includes two tickets to the Reception, to a \$250 Hole Sponsorship. Sponsors to date are:

Platinum sponsors – Roger and Lori Bahnik, Butch and Jackie Bingham, Manny and Jo Fernandez, Dick and Sheridan Snell, Ben and Jeannine Smith.

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For more information about The Sanctuary Charity Classic or to sign up, contact Jim DiMarino at 472-6223 or [jdimarino@sanctuarygc.net](mailto:jdimarino@sanctuarygc.net).

From page 8B

## Center 4 Life

generates a peaceful presence and an overall "good to be alive" feeling. Non-skid shoes are required. Paul Lawrence is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

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Zontia Virginia Jones interacting with the audience during the 2nd annual Lunafest in January 2019; this year, entrance is free photo provided

# Zonta Hosting Film Festival, Free Tickets Available

submitted by Sue Denham

The Zonta Club of Sanibel-Captiva is sponsoring its 3rd annual Lunafest at The Community House, located at 2173 Periwinkle Way on Sanibel, opening on Tuesday, January 21 at 7 p.m. This year, in honor of Zonta’s 100th anniversary, the club is offering this event to the community at no charge. Reservations are requested; free tickets available at [www.eventbrite.com/e/](http://www.eventbrite.com/e/)

lunafest-sanibel-fl-tickets-82840884315. Founded in 2000 by Kit Crawford, entrepreneur who developed Luna Nutritional Bars, Lunafest is a traveling film festival with a collection of short films highlighting female filmmakers and raising awareness about women’s lives. For almost 20 years, the festival has created opportunities for more than 150 women to share their untold stories. Each film is unique, creative and thought-provoking. Anyone who is intrigued by film would enjoy this evening, organizers say. A special addition to the program will be the first public premiere of a short film on the Equal Rights Amendment, made by local women filmmakers. The festival contributes to Chicken & Egg Pictures, a

nonprofit that supports women nonfiction filmmakers whose works bring about social change. “Zonta International is a global presence that seeks to empower and strengthen women throughout the world,” said Carol Gestwicki of Sanibel, co-chair

of the event. “Lunafest fits with Zonta’s mission and provides the vehicle for our local chapter to present short films by, for and about women.” Doors open at 6:30 p.m. Popcorn and drinks will be sold, to benefit The Community House.\*\*

# Mayor To Speak At Next Chamber Business Lunch

Sanibel Mayor Kevin Ruane will be the guest speaker for the first Sanibel & Captiva Islands Chamber of Commerce business lunch of the new year, which will take place at the Sanibel Recreation Center on Wednesday, January 15 starting at 11:30 a.m. (Note: chamber business lunches have changed to the second Wednesday of each month.) Ruane will update chamber members on city accomplishments and changes to policy in the past year that may affect the local business climate, followed by an opportunity for members to ask questions. The Sanibel Recreation Center is the sponsor of the January lunch. The chamber business lunch is a monthly networking opportunity held on the second Wednesday of each month from 11:30 a.m. to 1:30 p.m. at member locations. The chamber attempts to provide speakers to discuss relevant business topics for the membership.



Kevin Ruane photo provided

Cost for luncheon attendance is \$27 for chamber members. Advance registration is required; walk-ins are not allowed. Register by 5 p.m. on Friday, January 10 at [www.sanibel-captiva.org](http://www.sanibel-captiva.org) or by calling 472-1966. Payment is due at time of registration.\*\*

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## Community Shows Support For Clean Water

Sanibel's Best Homemade Ice Cream held a fundraiser and new ice cream flavor reveal in support of Captains For Clean Water on January 3. Mayor Kevin Ruane welcomed Captains For Clean Water to Sanibel marking 2020 as a year for community focus on the health of Florida's waters. Chauncey Goss, board member of Captains For Clean Water and chairman of the South Florida Water Management District Governing Board joined Ruane with praise for the captains and their relentless focus on education, outreach and science-based solutions.

"Don't let them forget," said Goss, calling for community support to keep the message alive with state and federal governing officials. Reflecting on growing up on Sanibel, Goss said, "We all remember how good it was and we need to work together on this challenge."

Business owner Laurie Verme and general manager Alice Verme staged the fundraiser because they believe the threat facing clean water is the critical issue for island communities this year. "You have the full support of my family and my team for clean water," said Laurie Verme. "It means everything to us."

"Thank you to the community



Laurie Verme, owner of Sanibel's Best Homemade Ice Cream, with Sanibel Mayor Kevin Ruane photos provided

on Sanibel, the many participating businesses, city hall and the chamber of commerce," said Capt. Daniel Andrews, Captains For Clean Water executive director. "Your support is integral to the success of this project."

"We are just fishermen, not politicians or lobbyists," said Capt. Chris Wittman, organization co-founder. "We depend on the involvement of local businesses like Sanibel's Best Homemade Ice Cream to spread the message and drive change."

Sanibel and Captiva Islands



Celebrating the unveiling of the new Dolphin Tracks ice cream were, from left, Laurie Verme, Councilwoman Holly Smith, Alice Verme, Capt. Chris Wittman, George Veillette and Capt. Daniel Andrews

Chamber of Commerce President John Lai emphasized the long history of commercial and environmental interests working together. "On these islands, businesses understand," said Lai.

Capt. Chris Wittman and the Vermes unveiled Dolphin Tracks, the new flavor of ice cream invented for the fundraiser. Proceeds from every scoop sold throughout 2020 will go to Captains For Clean Water.

Community businesses supported the fundraiser with donations and raffle prizes, which include a resort

stay, guided fishing trip, jewelry, spa services, gift baskets, and restaurant and retail gift certificates. Raffle tickets are still available with the date of the drawings to be announced.

Neighboring business Lighthouse Café announced a matching gift for proceeds donated from the sale of Dolphin Tracks ice cream. The chamber of commerce held a ribbon cutting for the new business name, Sanibel's Best Homemade Ice Cream, located at 362 Periwinkle Way. For more information, call 472-6566.✱



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Superior Interiors

Storage Tips  
For The Kids’  
Playroom



by Jeanie Tinch  
**A** dedicated playroom can be one of the most enjoyable and amusing places for your kids or grandchildren to have fun and express creativity throughout the day. As a grown

up, however, it can seem like a disjointed mess that’s just waiting to burst at the seams. If you get anxiety every time you enter or simply walk by the playroom, keep reading.

Organization is key for any recreational living space, but especially a playroom. Every toy, trinket, puzzle piece and stuffed animal deserves its own space, and the right storage options and arrangement methods can ensure this remains true.

With the holiday season behind us, now’s a great time to reorganize before the next haul of presents meets the playroom. Here are a few storage tips for your kids’ favorite living space:

The key to reorganization is creating a clean foundation for the rest of the room to thrive. Take some time to go through all the toys with your youngsters

and decide what stays and what goes. This is an optimal opportunity to donate the items your kids haven’t touched in months and a great gesture for them to participate in.

No matter the size of your playroom, ‘less is more’ is a wise phrase to follow when it comes to furniture. That way, your children have more room to roam and have fun. Multifunctional furniture allows you to achieve this by giving your children a place to play and relax while also working as a storage space. For instance, a hollow ottoman is a great space to lounge while it also stores toys and other items.

Beyond your new and improved multifunctional furniture, there are plenty of other storage options to consider. Customized storage systems can be installed in your home based on the size of the space, your style and your overall objectives for the playroom. Wall storage always comes in handy as well, and the right set of shelving allows you to utilize the vertical space while also adding some personality to the walls.

Organization can seem like an easy task for some, but a helping hand can simplify and speed up the process. A design professional can be a valuable resource as you reorganize and develop new storage methods throughout the space. He or she will evaluate your playroom and provide expert advice in devising a storage plan and help you get the space organized just in time for the kids’ next playdate.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at [jeanie@coindceden.com](mailto:jeanie@coindceden.com).✴

Twilight Talk To Honor CHR

**T**he Sanibel Historical Village will hold its first Twilight Talk of the year on Wednesday, January 15 at The Community House. The topic is About Community – Community Housing & Resources’ 40th Anniversary. The program begins at 7 p.m.

“We’re thrilled to be able to offer this Twilight Talk to highlight CHR and all they have done and continue to do for the Sanibel community,” said Historical Village Executive Director Emilie Alfino. “Their program benefits not only the people who are able to take advantage of the housing opportunities, but also our island community, as these new residents take part in community jobs and activities, including volunteering.”

The program will feature Sanibel’s first mayor, Porter Goss, who will talk about the city’s beginnings. Mayor Kevin Ruane will discuss the city’s continued involvement with CHR, and Councilman Richard Johnson will talk about the program’s growth.

“CHR is about more than buildings. It’s about people and history,” Alfino added. “CHR and the city of Sanibel can be proud of all they’ve done to make the island a better place and to create opportunity for a lot of people.”

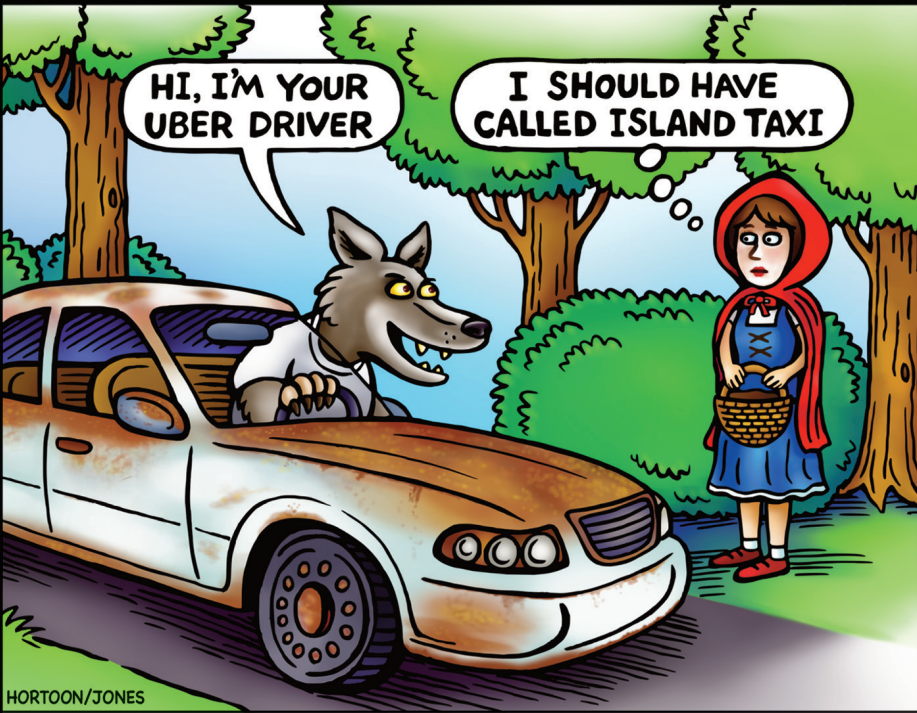
CHR was formed in 1979 as a nonprofit to address the growing need for affordable housing on Sanibel. It was in 1983 that an ordinance was passed by the City of Sanibel that established the Affordable Housing program, and CHR was designated as the city’s housing foundation.

RSVP for the program by calling Emilie Alfino at 472-4648 or emailing [info@sanibelmuseum.org](mailto:info@sanibelmuseum.org).

The Community House is located at 2173 Periwinkle Way on Sanibel.✴



Community Housing and Resources homes on Beach Road  
photo provided



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Will Power

# Youth – The Fire Of Life



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A 20-something nephew of mine is passionate about global climate change. “Your generation,” he said to me, “has ignored this problem that won’t drastically affect you (presumably meaning baby boomers) so much as it will affect us (millennials and younger generations). We’re sick and tired of inaction!”

I don’t take his tirades personally. After all, except for “going green” as far as I’m reasonably able to, I feel powerless to affect the amount of greenhouse gases spewed into the atmosphere by airplane travel, global manufacturing, cattle ranchers and such.

Sure, I can drive an electric car, install solar panels on my home and not eat a lot of red meat, but will my efforts reverse melting glaciers?

At least my nephew channels his youthful fire in a positive direction. Young adulthood is odd by nature, nestled between childhood and maturity. They experience the frustrations and yearnings of adulthood but lack the experience and wisdom to deal with them.

And it’s not just climate change. The “cause du jour” might include income inequality, health care, acceptance of LGBTQ individuals, immigration reform, or a variety of other maladies we face.

Our youth aren’t looking for comfort, rather they’re searching for a meaningful life. They overflow with a mixture of adrenaline and confidence – “I want to change the way the world works!”

Adults, in contrast, burdened with life’s everyday pressures, resign themselves to a world “that is the way it is.” The result is either energy without direction (youth) or direction without energy (adulthood).

Many adults write youthful rebellion off as immature exuberance that will fade once burdened by mortgage payments and work deadlines. Young people, on the other hand, believe that adults have forgotten how to drink the sweet nectar of life’s possibilities.

After a few decades of crushing responsibility, however, even successful middle-aged adults question their existence.

Is this all there is?

I reassessed my priorities in the aftermath of my recent open-heart surgery. While

I hope that my wife and daughters would tell you that I’m a loving husband and father, I’ve not spent enough time nurturing my soul. American life is consumed with material aspects. Our careers. Our bodies. Rather, it’s the connection to our internal energy, our spirituality, that gives us meaning. Our souls are eternal, living through the values we practice and then instill in our progeny.

Our bodies might age, but our souls become wiser. Did you ever notice how motivated and youthful a person who discovers his life’s meaning becomes?

How do we reignite that fire? What’s our purpose? How shall we carry it out?

The answer lies not in rejecting our rebellious youngsters but in listening to their energy crying out, and in being an attentive audience. “Yes,” we must encourage, “take that idealism and do try to change the world for the better. *Don’t accept the status quo! Don’t tolerate injustice!*”

Can boomers foster this in our estate plans, effectively bridging the generations? Yes!

Several strategies are available, from establishing a private foundation to funding a donor advised fund within an existing public foundation. As an example, assume that you have a \$1 million IRA account to fund your family’s ideals. You consume the IRA during life but then, upon your death, direct the balance to the foundation. If eligible, you could even take advantage of tax-free lifetime transfers of up to \$100,000 annually to your foundation.

If that IRA were cashed out to your loved ones, half might be lost to federal and state income taxes depending upon the withdrawal amounts and your beneficiaries’ marginal tax brackets. If it was instead directed towards your family foundation, very little or none of it would be lost to taxes. Instead, your loved ones decide annually which charitable, scientific, religious or educational purposes distributions will benefit.

Baby boomers will leave an astonishing \$68 trillion to their loved ones over the next few decades. Imagine the philanthropic benefit even one percent (\$680 billion) could accomplish! I feel a tremendous sense of pride that as an estate planning attorney, I can help my clients build a better world.

As for my nephew and global warming? I’m optimistic that the scales have tipped. My feeling is there’s momentum encouraging entrepreneurs to create imaginative solutions.

But I’m happy my nephew is vociferously advocating. I encourage young people to continue to hold mature adults’ feet to the fire! And I also believe that working together with our younger compatriots we’ll leave the world a better place than that which we were born into.

I’ll end with a simple question: How might your estate plan build a bridge from you to your loved ones, linking your soul to theirs forever?

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Fay Carney leading the ceremonial Champagne toast

photos by Jeff Lysick

From page 1B

## Polar Bear Plunge

forward to this year’s 20th anniversary of the plunge.”

On January 1, more than 250 participants (bears) and spectators (mice) gathered at “the crack of noon” to take part in this year’s plunge, and pay tribute to the man who brought the event to Sanibel back in 2000.

According to Fay, she and John had moved to the island from Michigan a

few years earlier. But every New Year’s Day, John found himself missing one particularly odd activity.

“He had done the Polar Bear Plunge in places like Lake Michigan and Lake Erie,” she recalled. “One year, John asked me what we were gonna do on New Year’s Day, so I suggested that he start a Polar Bear Club here. ‘You’ve got that great big gulf right here in your own backyard,’ I said. And we both thought it would be really funny to have one on Sanibel.”



The Good and Wilson families from Cincinnati, Ohio, donned their polar bear hats

That first year, 29 people showed up to take the plunge. But within a couple of years, the event drew crowds of up to 350 participants and hundreds more looking on.

“That’s the purpose of holding this – to be silly and have fun,” added Fay, who hosted the 2020 Sanibel-Captiva Polar Bear Club meeting as “Mama Bear.” Following the singing of the Polar Bear Anthem, 161 brave bears – hailing from 21 states and two foreign countries – plunged into the gulf. Seven

of this year’s bears are charter members of the local club.

After the crowd returned to shore, Fay led them in a ceremonial Champagne toast, which included a poignant tribute to her husband whom she stated was “looking on from above.”

“This is for you, John,” shouted one of the participants, raising his cup along with hundreds more. “We love you!”

Papa Bear couldn’t have been more proud.✴



## Blue Jay Redemption Tale Kicks Off Lectures

Popular bird author-illustrator Julie Zickefoose kicks off the 16th annual "Ding" Darling Friday Lecture Series with her story about an orphaned blue jay named Jemima. On January 17, she will deliver two free lectures about her latest book, *Saving Jemima: Life and Love With a Hard-luck Jay* at 10 a.m. and 1 p.m. at JN "Ding" Darling National Wildlife Refuge on Sanibel.

Zickefoose spent a year healing, raising and studying the foundling before she released it. She began writing and illustrating her book immediately upon adopting the bird, which opened the door to the world of jays, said the author.

"More than a wildlife rehab story, it's the story of life, love and dealing with great loss; of finding grace and redemption in bonding with a wild bird," said Zickefoose, contributing editor to *Bird Watcher's Digest*. Other works by the author include *Natural Gardening for Birds*, *Letters from Eden*, *The Bluebird Effect*, and *Baby Birds: An Artist Looks Into the Nest*.

HighTower/Thomas & Swartz Wealth Management and Sanibel Carts co-sponsor the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures take place



Julie Zickefoose

photo provided

every Friday at 10 a.m. and 1 p.m. in the admission-free "Ding" Darling Visitor & Education Center Auditorium.

Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items and then can explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time or risk being reassigned. This year, DDWS will be filming most lectures and broadcasting them on Facebook Live at [www.facebook.com/dingdarling](http://www.facebook.com/dingdarling).

Note: Opinions expressed in guest lectures do not necessarily reflect

the views of refuge and DDWS management, staff and board of directors.

The season's schedule follows. Starred (\*) lectures indicate book signings following the program. For more information, call 472-1100 ext. 241 or log on to [dingdarlingsociety.org/articles/lecture-and-film-series](http://dingdarlingsociety.org/articles/lecture-and-film-series).

\*January 17 – Author Julie Zickefoose, *Saving Jemima: Life & Love with a Hard-Luck Jay*

\*January 24 – Nature Photographer Clyde Butcher, *America's Everglades: Through the Lens of Clyde Butcher*

\*January 31 – Author and honey sommelier C. Marina Marchese, *Honeybee: Lessons from an Accidental Beekeeper*

February 7 – Zoo Miami Ambassador Ron Magill, *From Butterflies to Lions: A Walk on the Wild Side*

\*February 14 – Author Cynthia Barnett, *Rain: A Natural and Cultural History*

\*February 21 – Author Jeff Klinkenberg, *Alligator in B Flat: Improbable Tales from the Files of Real Florida*

\*February 28 – Author Craig Pittman, *Cat Tale: The Wild, Weird Battle to Save the Endangered Florida Panther*

\*March 6 – Author and photographer Paul Bannick, *The Owl and the Woodpecker: Encounters with North America's Most Iconic Birds*

March 13 – Upcycle Designer Nancy Judd, *RecycleRunway.com*

\*March 20 – Author Eliot Kleinberg,

*Black Cloud: The Great Hurricane of 1928*

\*March 27 – Author Jack Davis, *All About Eagles and Other Florida Eco-Topics*

\*April 3 – Jeri Magg, *Remarkable Women of Sanibel & Captiva*. \*\*

## Red Sox Seeking Singers To Perform National Anthem

If you think you have what it takes to sing in front of a sold-out crowd of more than 10,000 people, the Boston Red Sox want you to audition for them.

The team is looking for new talent to fill approximately 18 spots to perform the National Anthem for the upcoming 2020 Spring Training season at JetBlue Park.

Auditions will be held at JetBlue Park on Tuesday and Wednesday, January 21 and 22 from 4:30 to 7 p.m. All ages are welcome to audition. Reservations must be made in advance by calling Lindsey Grillot at 226-4707 to reserve a timeslot. If anyone is unable to attend these dates, he or she may contact Grillot about submitting an audio recording. All reservations must be made by Friday, January 17 at 3 p.m. Space is limited.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. The Red Sox open its 18-game exhibition season on Friday, February 21 at 1:05 p.m. against the Northeastern University Huskies. \*\*



# MEDICAL BREAKTHROUGHS & DISCOVERIES

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## Healthcare Speaker Series Highlights Leading-Edge Medicine

The Legacy Foundation, in conjunction with the Shell Point Wellness Connection, is pleased to present the 2020 Medical Breakthroughs & Discoveries Series, an educational healthcare speaker series that features prominent local and national experts. Hear about advances in global healthcare, memory disorders and modern medicine.

All events are held at The Village Church Auditorium at Shell Point.

These events are free, but you must register at (239) 433-7936.

The 2020 Healthcare Speaker Series is Sponsored by:



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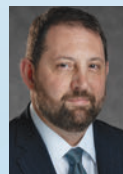
15000 Shell Point Boulevard • Fort Myers, Florida 33908  
Shell Point is located just off Summerlin Road and McGregor Boulevard,  
2 miles before the Sanibel Causeway. ©2020 Shell Point. All rights reserved. LEG-617-19



TUESDAY, JANUARY 14 at 10 a.m.

### Strategies for Improving Memory and Brain Health

Presented by Dr. Gary Small, Professor of Psychiatry and Biobehavioral Sciences, David Geffen School of Medicine at UCLA



TUESDAY, JANUARY 21 at 7 p.m.

### What's New in Macular Degeneration

Presented by Dr. Stephen G. Schwartz  
Bascom Palmer Eye Institute



TUESDAY, FEBRUARY 4 at 7 p.m.

### Precision Medicine: What Is It and How It Can Improve Healthcare

Presented by Julie A. Johnson, Pharm D. Dean & Distinguished Professor, University of Florida College of Pharmacy



MONDAY, MARCH 30 at 7 p.m.

### Innovation and Progress at a Modern Healthcare Company

Presented by Jay Saccaro, CFO  
Baxter International, Inc.



Frankly Speaking



by Howard Prager

So the New Year brings football in all form and fashion – college (and high school) bowl games as well as the start of the NFL playoffs. Which is where I begin... with a truly wild, wild card weekend of games. Every game could have been won by either team. It started with Houston against Buffalo, and we saw two amazing young and exciting quarterbacks. Then to the other extreme and possibly the end of an era for two giants of the game, Tom Brady and Drew Brees. And, finally, the Eagles clinging to hope with their third string quarterback almost tying the game in Seattle.

The Patriots lost at Foxboro, and the word is that dynasty may be coming to a close. Although the score seemed greater than it should have been due to a pick 6 at the end of the game, it was 14-13 for most of the second half with Tennessee up by just one and holding firm. But it was Brady time at the end when he can score in an instant. Not this time. And Brady is now a free agent. Brady has played in nine Super Bowls, winning six of them, the most of any player in NFL history. Due to his numerous records and accolades, he is considered by many to be the greatest quarterback of all time.

Does he go to another team? Sign again with the Pats? Or despite his saying publicly he wants to play until he's 45, does he choose to retire? At the end of the game, there were more cameras on Brady than anyone else. I can't imagine him playing elsewhere, but the Pats need some rebuilding to compete.

Drew Brees also lost a close game to Minnesota in OT. Was this his last chance at a Super Bowl ring after his storied career? He's younger than Brady by just a year – he'll be 41 in a week and holds NFL records for career pass completions, completion percentage, passing yards and touchdown passes. In 2012, he broke Johnny Unitas' long-standing record of consecutive games with a touchdown pass. He has led the NFL in passing yards a record seven times and in passing touchdowns a record-tying four times. And, yes, he won a ring with the Saints in 2010.

We'll see where the playoffs take us this coming weekend when the teams that earned a bye play last weekend's winners. Has the time come to pass the torch to new teams and new heroes in the NFL?

Speaking of passing the torch, it's time to raise a toast to some giants in sports that we lost in the past year. Beginning with Commissioner David Stern, the person who shaped the NBA and made it a world-acclaimed league. When he started, would you believe the networks showed the NBA Finals on tape delay! Stern was fortunate to be ushered in at the same time as the many greats who needed just a single name:

Kareem, Magic, Michael, Bird, Kobe and LeBron. As commissioner, Stern masterminded the NBA's transformation from a league in peril to a multibillion-dollar industry and the first American sports league to thrive internationally. He brought considerable expansion to the league, which was airing games in over 200 countries when he stepped down. During Stern's tenure, the NBA added seven new teams and saw six other teams relocate. Other Stern innovations included the creation of the Women's NBA in 1997 and the NBA's developmental league, known as the G League, in 2001.

Baseball saw the passing of Frank Robinson, the first African-American manager in Major League Baseball and the only player to win the MVP in both leagues. Yankees ace and pitching coach Mel Stottlemyre, Don Newcombe from the Brooklyn Dodgers who won Rookie of the year, Cy Young and MVP awards, and most recently Don Larsen, the Yankee pitcher who threw the only perfect game in the World Series. Bill Buckner, Jim Bouton and Tyler Skaggs also passed away. Football saw the loss of Johnny "Lam" Jones and Walt Michaels of the Jets, Forrest Gregg and Bart Starr of the Packers, former Bengals and Bucs coach Sam Wyche, who pushed the boundaries of the NFL as an offensive innovator, and great linebacker Nick Buoniconti of the Dolphins. Ted Lindsay of the Red Wings and Harry

Howell of the Rangers are NHL greats that left us. And let's not forget John Havlicek, the great Celtic who retired in Jupiter. As I type this, I think of the faces and the plays of many of these great hall of famers.

Let me close this column with a nod to the future. Here's to greater safety in the NFL, fairness and swiftness to games in MLB, games that are meaningful beyond the final two minutes in the NBA, and an NHL with fewer fights and more flashes of brilliance. We experienced wonderful playoff series in all major league sports in 2019 – from Super Bowl LIII which saw the Patriots win their record sixth trophy to three other sports that brought us first time champions. The NBA Finals went six games to the Toronto Raptors over Golden State; the Stanley Cup Finals went to the St. Louis Blues in seven games against the Boston Bruins and the World Series brought Washington their first championship in Game 7, with no team winning a home game in the series. And Tiger Woods returned to win a major tournament. Here's to the new ones in 2020 – new champions, new heroes and exciting playoffs.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandsunnews.com](mailto:press@islandsunnews.com). ✨

SPORTS QUIZ

1. In 2018, Mookie Betts became the third player in Boston Red Sox history to hit for the cycle when batting leadoff. Name either of the other two to do it.
2. Which hitter holds the major-league record for most plate appearances in a season?
3. In 2018, Patrick Mahomes twice tied a Kansas City Chiefs record for most touchdown passes in a game (six). Who else holds the mark?
4. Duke's R.J. Barret set an ACC record for most points by a freshman men's basketball player (860). Who had held the mark?
5. Name two of the last three NHL teams before the Tampa Bay Lightning in the 2018-19 season to score at least 325 goals. Hint: They all played in the 1995-96 season.
6. Joe Gibbs Racing set a modern-era record in 2019 for most NASCAR Cup Series victories in a season (19). Which organization had held the mark?
7. Who was the last tennis player older than Rafael Nadal (33 in 2019) to win the U.S. Open men's singles title?

ANSWERS

1. Brock Holt (2015) and Leon Culberson (1943). 2. Philadelphia's Jimmy Rollins, with 778 in 2007. 3. Len Dawson, who did it in 1964. 4. Georgia Tech's Kenny Anderson scored 721 points in the 1989-90 season. 5. Pittsburgh (362 goals), Colorado (326) and Detroit (325) all totaled at least 325 goals. 6. Hendrick Motorsports won 18 races in 2007. 7. Ken Rosewall was 35 when he won it in 1970.

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## ISLAND SUN BUSINESS NEWSMAKERS

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The top producers at John Naumann & Associates for December were: LeAne Taylor Suarez, top listing and top sales agent; Marianne and Liz Stewart, top listing team; and Larry and Debbie Hahn, top sales team.✱

Recycle Drop-Off  
For Electronics

The Green Team of Sanibel Congregational United Church of Christ's is holding an electronic recycling drop-off on Saturday, January 18 at 1 p.m. This is part of the Green Team's ongoing efforts to address environmental concerns not only on Sanibel but beyond. This is open to the public and there is no cost. The drop-off will take place in the parking lot of the church, located at 2050 Periwinkle Way, across from Periwinkle Place.

Computer Medics of Southwest Florida will be at the church to collect these items. Bring items in small cardboard boxes, placing in separate boxes things that work and things that don't. Mike Peterson of Computer Medics of Southwest Florida will destroy all personal and business data on any drives. Afterwards, he will donate any working computers to Komputers for Kids, and all non-working items will be appropriately recycled.

Items that can be recycled included: electric wire, mouse and keyboards, laptops, notebooks, computer towers, battery backups, hard drives, flat panel monitors, lithium batteries, automotive

batteries, cell phones, medical test and monitoring equipment, gaming devices, florescent light ballasts, circuit breakers and panels, and starters and alternators. The only electronics that cannot be accepted are glass-screen CRT televisions and monitors, LED and LCD televisions, printers and copiers.

For a complete list of what can and cannot be recycled, visit the church's website at [www.sanibelucc.org](http://www.sanibelucc.org) or call the office at 472-0497 for a list to be emailed to you.

In the U.S. alone, we throw away over 400 million electronic items, and that number is growing two or three times faster than other municipal waste. Harmful chemicals released from incinerators and leached from landfills can contaminate air and groundwater.

Typically most electronic waste goes either into landfills, or is sent to developing countries where due to little or no regulation, workers are at health risks as well as face safety issues posed by their improper recycling and disposal methods.

Computer Medics of Southwest Florida's recycler, Brian Slager of eScrap Recycling, does not send anything to other countries, to prisons, or to landfills. He reuses everything he takes, and his recycling service complies with all local, state and federal regulations.✱



From left: Steve Brown, CHR board; Craig Albert, Sanibel Captiva Community Bank president; Amy Esposito-Brown, Island Seniors program manager; Trish Phillips, Sanibel Recreation Center director; Shirley Schulz, Island Seniors vice president; Melissa Rice, CHR executive director; Lynn Quigley, Island Seniors president; and Lena Brown, CHR board photo provided

Bank Purchases  
Building On  
Sanibel

Sanibel Captiva Community Bank has acquired the building located at 2406 Periwinkle Way on Sanibel to serve as its main office. Benchmark Construction has been hired to handle renovations on the building that will start this month. Construction is estimated to be completed in September.

The bank sold its main branch located at 2475 Library Way to the City

of Sanibel to become the new senior center, which hosts the Center 4 Life program operated by the City of Sanibel Recreation Department. In addition, the building will house administration offices for Community Housing and Resources (CHR).

"We are excited to move our main office to Periwinkle Way and offer a more convenient location for our customers," said Craig Albert, Sanibel Captiva Community Bank president and chief executive officer. "What's even more exciting for us is to be able to help the community by providing Sanibel seniors a larger location to gather."✱

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# Program On Pain Management

On Sunday, January 19 at 12:15 p.m., Sanibel Congregational United Church of Christ will host a Lunch and Learn program with Dr. John Frymoyer. He will share his extensive expertise in pain management. During his presentation, The Pain is in the Brain: The Key to Successful Treatment, Dr. Frymoyer will discuss the complex physiological and psychological aspects of pain and the modalities of treatment and rehabilitation that are proving successful.

There will be an opportunity to ask questions after the presentation. A light lunch will be served. RSVP to 472-0497 by Thursday, January 16.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way.✽



Dr. John Frymoyer photo provided

## Beautifulife: What If



by Trevor Nette  
How many times have you found yourself asking the question, what if I had done this or that, or what if I had made a decision to go in a different direction? The what if's in life

are always looming, and can be about past relationships, business decisions, or even where you decided to settle in and make your home.

There are always going to be opportunities to second guess the choices you make and, of course, things would be different if you had made an alternative move. I believe that the path we choose will eventually lead us to where we are supposed to be. You may go through times that you say to yourself, did I really need to experience

that, or did I really need to go in that direction, because it landed you in a place that wasn't where you ultimately wanted to be.

Reality is, that if you continue to follow your heart, speak the truth, have integrity and embrace your path, you will ultimately have the beautiful life that you have worked so hard for. You will look forward and not back, you will not second guess your decisions, and you will never speak the words "what if" again.

As your new year has begun and you are off to creating more memories, checking off your bucket list items and enjoying all that you have achieved and dreamed of, I encourage you to embrace this time of your life that you never have to say, I should have, could have or would have but instead... I did exactly what I was meant to do.

*Trevor Nette has been a resident and real estate broker/associate on Sanibel and Captiva islands for over two decades. He continues to be inspired by the beautiful island lifestyle he has created with his wife, two daughters and his dogs.✽*

## Doctor and Dietician Three Wishes For 2020



by Ross Hauser, MD and Marion Hauser, MS, RD

Dr. Hauser asked me, "What are your top three wishes for 2020?" No. 1 on my list was to regain full function and be pain-free from the bike accident I had. This injury has been humbling, strengthening and amazingly enough, a blessing. I have learned not to rely solely on myself and my own strengths, but to trust God for healing and working things out, as well as letting other people help me. Through allowing others to help me, the most amazing situation resulted: my best friend Marylou and her husband are now living full time in Sanibel and she is working full time as our RN clinical manager at Caring Medical. I'll tell you that whole story over a cup of

coffee some day.  
My second wish was to naturally act more like God does in all that I do, all that I say, as well as in all of my actions. This is a hurting world, fraught with pain, anger and anxiety. I want to be a blessing and a light to those in my circle of influence.

And thirdly, I want to live a healthy, balanced, simplified life and be able to fully enjoy this beautiful island and its people for many years. This takes intentionality in order to accomplish. Those of you who own your own businesses know how all-consuming they can be. We are doing amazing things at Caring Medical. People are traveling from all over the world to get help. We offer very unique and specialized treatments that help desperate people return to normal lives.

In order to continue to help others, we must stay peaceful, joyful, healthy and inspired, and keep moving our physical bodies, strengthening our brains by limiting what they are exposed to and nourishing our bodies and souls. We are committed to achieving these three wishes for 2020. What are your wishes?

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.✽*

## Mobile Mammo Coach Coming To Rec Center

The City of Sanibel Recreation Center will host the Radiology Regional Center's Mobile Mammo Coach on Tuesday, January 14 from 9 a.m. to 1 p.m. For an appointment or if you have any questions relative to the test, call Radiology Regional Center at 936-4068.

The Mobile Mammo Coach is a state-of-the-art breast imaging clinic, providing full field digital mammography services. Most

insurances are accepted and discounted self-pay pricing is available.

According to estimates from the American Cancer Society, one in eight women will be diagnosed with breast cancer. More importantly, with early detection, the survival rate for an early diagnosed breast cancer at five years is better than 97 percent. Mammography is one aspect of breast health, in addition to monthly self-exam and annual physician exam.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. For more information call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).✽

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Or consider not using any rat poisons at all. Instead, seal all entry points to your home.





dearRPharmacist

## The Coffee And Blood Sugar Connection



by Suzy Cohen, RPh

**D**ear Readers: Coffee gets a bad rap sometimes, but this is almost everyone's drink of choice when they gather together to share information with one another. The effect of coffee

consumption on glucose metabolism is of interest to many people who feel they've lost all their sweet treats in life, and their coffee.

And here's the good news: Coffee addicts have a lower propensity of developing Type 2 diabetes, according to some interesting studies. The results of many studies are pretty consistent about this point.

Not all health experts and nutritionists think coffee is good for people with diabetes. However, a new Singapore study may be the most conclusive of all. The research was funded by Nestlé Research who makes coffee brands like Nespresso, Nescafé and Coffee-Mate creamer. Before you dismiss the results of this study, keep in mind that the trial was a larger-scale human study than the prior ones and there are other studies out there with similar, positive results.

The researchers found that drinking coffee creates no detrimental effect on insulin sensitivity, so it may be perfectly fine for people with diabetes.

This conclusion was derived from a randomized, placebo-controlled study evaluating 126 middle-aged people who were split into two groups. Half the group drank four cups of fake coffee (placebo), and the other half drank four cups of instant regular coffee. Data was collected over 24 weeks (which allows enough time for blood sugar changes to reflect in their A1c). Unfortunately, the A1c was not done, or if it was, the results were not published. I'm bothered by this. Regardless, the coffee bean is well studied and here are other

purported medical benefits of drinking coffee in moderation:

1. It reduces the perceived feeling of pain, meaning it's a natural analgesic.
2. Coffee may support liver health.
3. It acts as a natural stimulant for some adolescents dealing with attention deficit disorders.
4. It can help with memory and possibly even Alzheimer's disease.
5. It may offer some protection for Parkinson's disease.
6. Coffee is a mood booster. It can help with depression and suicidal ideation.
7. Prostate cancer and melanoma risk may be reduced.

A gross fact is that the most expensive coffee brand sold today is that which is derived from cat poop! No lie, it's called Kopi Luwak, and the coffee bean has to be partially digested and extracted from the feces.

And now, a fun fact to help you get that visual out of your head. In ancient times, in what is now known as Turkey, a woman was allowed to divorce her husband if he didn't provide her with enough coffee. Ha ha! Whether or not caffeinated coffee is right for you is hard to say. But if you have longed for a cup of coffee again, and you believe the studies, definitely have a chat with your diabetes health expert.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).\**

## Grief Support Group Meetings At Sanibel Church

Sanibel Community Church is offering GriefShare sessions on Tuesdays through March 31 in the main sanctuary. They are open to everyone who has lost a loved. The program features a video, book, discussion and support. Refreshments will be served.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I seem to be a chronic worrier. I have always been like this. I am in my 20s, and I seem to worry about everything from my personal life to my career. I don't want to end up like this

forever. Can you help?

**A:** It sounds like you are preoccupied with events or unresolved issues from your past, and you are taking them into your future. In a relaxed state, it is possible to enjoy the present moment, which is what you want to work on, being in the present moment. When we worry and feel stressed, we are robbing ourselves of the present moment.

My guess is that you are focused more on events in the future. Of course, with the future comes uncertainty.

Worry focuses our attention on anticipated events that may not even occur. The problem with this is worry immobilizes our thought processes and leave us unable to function at best.

This is an unproductive emotion as you know. It wastes a lot of time and energy that you could be using to your highest good. Time is too valuable a resource to waste. Perhaps you can make a list of

your top 10 stressors and worries. Take a good look at them and ask yourself if they contribute to your worry.

Chances are they do. Then ask yourself if you feel uncomfortable in the present moment. If you do, why?

Often people focus on the past or future to avoid the present. This is counterproductive for the present is our ally, it keeps us centered and grounded and relieves us from worry and fret.

Remember, the past you cannot change, so it's helpful to let it go. The future exacerbates worry and you are not there yet, so why expound your time and energy on worry? The present is really all we have, so begin to stay focused on the now and you will better cope with and lessen the worry that creeps in.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).\*

## Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit [www.southwestfloa.org](http://www.southwestfloa.org).

Sanibel Community Church is located at 1740 Periwinkle Way.\*

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CLUBS & ORGANIZATIONS	
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Rotary Club .....	472-7257 or 472-0141
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Shell Islands Garden Club .....	246-8875
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Hi, I'm George. I am a 9-year-old male pit bull who is a 'Super Senior.' I am the ultimate couch potato that loves attention and hanging out with people. Adopting a senior dog is like fast forwarding to the best part. No pesky puppy habits to break, you already know their personality and they are

forever grateful for your love. My face may have some white, but my heart is pure gold.

People make millions of New Year's resolutions each January. Lee County Domestic Animal Services invites you to "Skip the Jog and Walk a Dog" as part of yours. Make pets a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for dogs over 30 pounds will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.



George ID# A804644

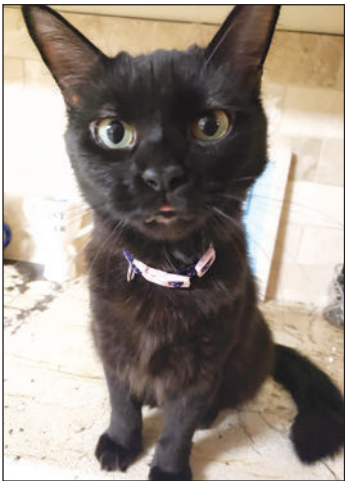
The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.✧

Haven on Earth Animal League

Eve

Hi There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house - but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [haveneearthanimalleague@yahoo.com](mailto:haveneearthanimalleague@yahoo.com).✧



Eve



One kitty



Two kitty



Three kitty

PAWS Of Sanibel

Three Kittens

PAWS, in conjunction with VCA Coral Veterinary Hospital in Fort Myers, has three beautiful kittens up for adoption.

The two males and one female are approximately 14 weeks old. They have had their first round of shots; worming and combo test were negative. For a \$50 adoption fee, they will be spayed/neutered but remaining shots will be at owner's expense. Medical records will be provided.

Call Pam at PAWS at 472-4823, if you'd like to take one, two or all three of these gorgeous kittens home in 2020.✧



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PUZZLES

Answers on page 31B

Super Crossword

COUNTING DOWN

- ACROSS**

1 Nothin' at all

4 Got on board

12 — Hill (Theodore Roosevelt's home)

20 Altar promise

21 Quiche —

22 Zealous campaigner

23 With 39-Down, business for attorneys

24 Dreams up

25 Enrobing

26 Thorax

28 Cloister resident

29 Native Americans of Oklahoma

31 See 69-Across

32 Lena of "The Wiz"

33 Gal at a ball

34 Big fashion inits.

35 Blue shade

37 Haul to court

38 "Time — the essence!"

40 Wagged part

42 Closest to nil

46 Verizon competitor

49 Artificial hair
- 51 Skier Tommy

52 Ali or Frazier Klutzy type

54 Radon, e.g.

55 Indian "Mr."

56 Dangerous way to skate

58 Haglike

60 Darkened

62 Uprightness

63 Like radon

64 Actress

66 Courteney

65 Alluring West

66 Kanga's son

67 Pitched shelter

68 "— knew?!"

69 With 31-Across, start to enjoy

70 Snooze site

71 Like sexist jokes and such, for short

75 Mai —

76 Ring official

77 "Piggy"

78 River of Grenoble

79 Like much hemp fashion

83 Actress Cuthbert

85 Was deeply agitated

86 Air impurity
- 88 Battle (for)

89 Favorite ("Wheel!")

91 Bicolor snacks

92 Slender fish

93 Polar laborer

94 Hit into from behind

96 1988 Olympics city

97 Is in a hole

99 Film scorer

101 Sportage or Soul maker

102 Clairol products

104 Gibbon, e.g.

106 — -relief

107 White wader

110 Enthusiasm

113 Soup legume

115 Dandy fellow

116 Full of cheek

117 Rift-causing

119 Least near

122 Sci-fi gift

123 Hand-thrown weapons

124 Scottish beef animal

125 Scrabble 4-pointer

126 Right to use another's land

127 Opera text
- 128 Scrabble 1-pointers

**DOWN**

1 Nothin' at all

2 Gem State

3 \* A thousand and a googol, e.g.

4 \* March Madness quarterfinal teams

5 Family member

6 Slivovitz and kirsch

7 Has a debate

8 \* 1998 Tom Clancy novel

9 Family members

10 Adversary

11 Cease's partner

12 Flimflam

13 \* Part of the Constitution establishing the judiciary

14 Very nervy

15 "... so far — know"

16 \* Helicopter of the U.S. president

17 Major Norse god

18 Sublet, say

19 Therefore

27 Ignore rudely
- 30 Trendy

36 Typical lab rat, e.g.

39 See 23-Across

41 It has a charge

43 Pivotal line

44 Split-off group

45 Deuce follower

46 Specifically

47 Neighbor of Quebec

48 Place (down)

50 \* Request for a hand slap

57 Engine cover

59 LCD alternative

60 Ski- —

61 Consume

64 \* Group of defendants that included Abbie Hoffman

68 "Hold on!"

69 Styling stuff

70 Furry scarf

71 Consume

72 Occasion to shout out the ends of the answers to this puzzle's starred clues (from left to right)

73 Dress fussily
- 74 Handed over

75 In this way, informally

76 Withdrawal

77 \* "She Loves You" band's nickname

78 \* Tangoing truism

79 Lofty poetry

80 Heart

81 Toast topper

82 \* A state of bliss

84 Window area

85 View

87 Rustic denial

89 View

95 Capital of Latvia

98 Helical form

100 Taoism founder

103 Omit in speech

105 Nicholas Gage memoir

108 City in Germany

109 Styles

110 Knife feature

111 Old Italian currency

112 Bird class

114 Bird hangout

118 Snead of golf

120 Classic British sports car

121 Hard drinker

1	2	3		4	5	6	7	8	9	10	11		12	13	14	15	16	17	18	19	
20				21									22								
23				24									25								
26				27			28				29		30					31			
32							33				34				35		36				
			37				38			39		40		41			42		43	44	45
46	47					48			49		50		51				52				
53					54				55				56				57				
58				59				60				61				62					
63							64				65					66					
67					68				69				70					71	72	73	74
					75				76				77				78				
79	80	81	82						83			84					85				
86								87			88					89				90	
91											92					93			94		
95									96				97				98				
							99			100						101					
					102		103			104		105		106			107			108	109
110	111	112				113		114					115				116				
117					118						119		120				121			122	
123											124								125		
126											127								128		

King Crossword

- ACROSS**

1 Big fish story?

5 Chart

8 Chow —

12 Reverberate

13 Commotion

14 Loosen

15 Sense

16 Result of canonization

18 Liberty

20 Supermarket section

21 Fellow

22 Former M&M's color

23 O. Henry's specialty

26 Realm

30 Distant

31 Compete

32 Rage

33 Hollywood hope

36 140-character message

38 Conger, e.g.

39 Prohibit

40 Islamic decree

43 Ennui

47 Haphazardly

49 Church section

50 Active one

51 Gist

52 Family

53 Raced

54 Noshed

55 Maintained
- 11 Alaskan city

17 Flatbread of India

19 Rotation duration

22 Dead heat

23 Conditions

24 Snitch

25 Man-mouse link

26 Basinger or Cattrail

27 Conk out

28 Raw rock

29 Bumped into

31 Encyc. component

34 Finder's fee
- 35 Campus VIP

36 Pitch

37 Mechanic's tool

39 Layered ice cream treat

40 Crazes

41 On

42 Genealogy display

43 Match in the ring

44 "Over hill, over — ..."

45 Ellipse

46 Fix

48 "CSI" evidence

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B T Y W O U S Q O I M K I F D

B Z O R X W U A Z F F S S Q O

E N O P T L J Z C R H R T F D

C L C O K E U A U I Y W E V X

C T C S Q C J T P S M N T O E

L K I I A H O R F B E R S C N

B Z Y J S R W R A E V P O U E

S R Q P T P N M C E I E N F E

P O H S O T O H P T L E L J L

D I A D N A B P Q I H J F E K

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- AstroTurf

Band-Aid

Clorox

Coke
- Crock-Pot

Formica

Freon

Frisbee
- Jacuzzi

Jeep

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- Popsicle

Q-tips

Stetson



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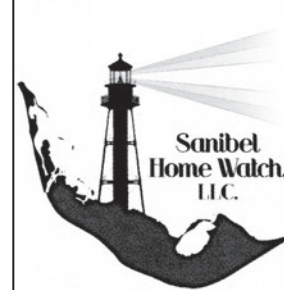


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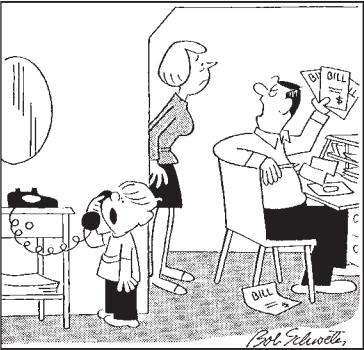
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**NURTER**

Strong  
**BUSTOR**

Produce  
**EYLID**

Covert  
**STREEC**

TODAY'S WORD

"That noise you hear is my dad giving my mom a \_\_\_\_\_."

Answer on page 31B

		3		4	2	1	
	2		1				4
7				3		8	
	9			4			6
		8	9			7	
6					3		5
		2	5				8
8				2			9
	5			6	4		

### SUDOKU

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 31B

### HOCUS-FOCUS

BY HENRY BOLTINOFF



HEAVY BOLTINOFF

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Woman's shirt is black. 2. Stars added to wall on right. 3. Woman is wearing hat. 4. Letters are black on right. 5. Window is missing. 6. Decorations added to wall on left.

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My Stars ★★★★★

FOR WEEK OF JANUARY 13, 2020

**Aries** (March 21 to April 19) Events could inspire adventurous Lambs looking to make a major career or personal move. But as always, get all the facts before rushing into any sort of deal or commitment.

**Taurus** (April 20 to May 20) What seems to be a great opportunity could cause even usually practical Taureans to ignore their inner caution cues. Best to move carefully to avoid falling into unseen traps.

**Gemini** (May 21 to June 20) Need a holiday now that the seasonal festivities are behind you? Good idea. Plan to go someplace wonderful. You'll return refreshed and more than ready for a new challenge.

**Cancer** (June 21 to July 22) Progress continues to be made on that pesky workplace problem. Meanwhile, don't assume a personal situation will work itself out. Best to get more involved earlier than later.

**Leo** (July 23 to August 22) Catnaps are definitely recommended for Leos and Leonas who had been going at a hectic pace over the holidays. Adding relaxation time to your schedule helps restore your overdrawn energy reserves.

**Virgo** (August 23 to September 22) Sure, some of the new friends you made over the holidays might move out of your life at some point. But at least one might show significant "staying power" with some encouragement.

**Libra** (September 23 to October 22) Encourage family members to join you in supporting a relative who could be facing a difficult emotional challenge in the New

Year. Showing your love and concern helps keep his or her hopes up.

**Scorpio** (October 23 to November 21) While a long-deferred decision suddenly might take on some urgency after news on a related matter, you still need to weigh all factors carefully before deciding one way or the other.

**Sagittarius** (November 22 to December 21) This is a good time to reassess the earlier plan you made for the New Year. Some elements you felt you could depend on to make it work might no longer carry that assurance.

**Capricorn** (December 22 to January 19) Forming a renewed connection with a former associate is only the first step toward working out your new plans. Be prepared for problems, and deal with them as soon as they arise.

**Aquarius** (January 20 to February 18) A romantic situation that was going

smoothly not too long ago might take a new turn. Be honest about your feelings before you decide whether to follow it or take another path.

**Pisces** (February 19 to March 20) The wise Pisces (that's you, of course) will make sure everyone knows your plan to keep your options open and listen to all sides of the situation before making any decisions.

**Born This Week:** Your honest approach to life and living is always an inspiration for others fortunate enough to know you.

STRANGE BUT TRUE

• It was Samuel West, the founder and curator of Sweden's Museum of Failure (which showcases disasters in design and innovation), who made the following sage observation: "Each failure is uniquely spectacular, while success is nauseatingly repetitive."

CLASSIFIED

REAL ESTATE

GULF-FRONT TIME SHARE FOR SALE

Includes 4, free daily rounds of golf at the Dunes. Sleeps 6, remodeled kitchen, washer/dryer, lanai and sun deck, parking. Pool, hot tubs, tennis/ pickle ball. Begins second Friday of each year. 239-472-1910  
01/10 ★ TFN

SEASONAL RENTAL

EAST END ON CANAL GROUND LEVEL

3 BR, 2 BA, Sleeps 8 Large enclosed lanai and pool Deep water access Dog friendly 239-472-3458 or 319-651-9132 mknake@aol.com  
12/20 ★ TFN

ANNUAL RENTAL

UPDATED 2/2 UF CONDO

Close to Sanibel & FM Beach, this Ground level condo has fresh paint, new Wood vinyl in LR, new Carpet in BR's, Full size W/D, in unit, overlooks courtyard, view of lake. Clubhouse, pool, exercise, etc. \$1,300/mo.

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11/29 ★ TFN

AUTO FOR SALE

BMW Z3 ROADSTER 1998

2.8 Liter Engine Island car For sale 239-395-4315  
01/10 ★ 01/10

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Call Judy at 239-851-4073.  
6/21 ★ TFN

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Of Sanibel & Captiva Million \$ Views Await You!  
• Cottages • Condos • Homes • Miles of Beaches & Bike Paths  
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1/4 ★ TFN

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Reliable and Experienced Reasonable Prices Pick Up & Delivery Available 239-472-8655  
8/30 ★ TFN

LOOKING TO BUY

MID CENTURY FURNITURE

Danish, Modern, Teak and/or made in the USA during 1950s, 60s and 70s. Send photos to Joyldupree@AOL.com or text 941-313-5427. I make housecalls and pay up front/not consignment. Call Joy 941-313-5427 with questions. Retro Home Furnishings, 12717 McGregor Boulevard, Fort Myers. Open Tues.-Sat., 10 a.m. to 4 p.m.  
10/11 ★ 4/3

LOST AND FOUND

PRESCRIPTION EYEGLASSES

Eyeglasses, prescription, black frame in a neon green eyeglass neoprene case lost between Nerita and Ding Darling along the bike paths on Middle Gulf, West Gulf and Sanibel Captiva Roads. Reward offered. Please call 239-579-0347 or 941-730-2400.  
12/27 ★ 1/10

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.  
7/13 ★ TFN



Cottages To Castles Unique Vacation Rentals

2427 Periwinkle Way Sanibel, FL 33957 Local: (239) 472-6385 Toll Free: (800) 472-5385 Fax: (239) 472-5858 www.cottages-to-castles.com  
1/26 ★ TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com  
1/25 ★ TFN

HELP WANTED

OCCASIONAL CLEANING HELP NEEDED

Small Inn seeking help with cleaning services. No experience required. Average 4 to 6 days per month. Variable days of the week. Hours vary between 10 a.m. to 4 p.m. Start at \$15. per hour. Sanibel resident preferred. Contact Darwin at 239-472-9088.  
1/3 ★ 1/10

PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel 3 units available or combined 2,400 sq. ft. (2 at 700 sq. ft., 1 at 1,000 sq. ft). Call 703-593-7024  
6/21 ★ TFN

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788  
4/20 ★ TFN

SANIBEL RETAIL SHOP

3 To 5 days a week. Open year round. Must be mature and reliable. Email resume to rootbeer@comcast.net  
01/10 ★ 01/17

SEASONAL RENTAL

EAST ROCKS HOME SANIBEL

On River, Sanctuary land, Beach access, Deluxe 3 BR. March, April. 405-307-8949.  
12/27 ★ TFN

ANNUAL RENTAL

RENTING FOR OVER \$1,500?

Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS  
12/27 ★ TFN

AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking? Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org. Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.  
10/4 ★ TFN

GARAGE SALE

MULTI-FAMILY GARAGE SALE

Saturday, January 18, 9 a.m. to 1 p.m. 697 Spartina Court, Sanibel Many household items, small appliances, bicycles, furniture  
01/10 ★ 01/17



- Those who study such things say that the earth is more flattened at the South Pole than the North Pole. The weight of all that ice is to blame.
- Clams can live for more than 200 years.
- You know what a mortgage is, but do you know how the word came to the English language? The “mort” should give you a clue. The roots trace all the way back to a Latin term meaning “death pledge.”
- The reason for the correlation is not clear, but some studies suggest that hay fever is more common among people who are shy.
- According to historians, basic training in the legions of ancient Rome could take three or four years.
- If you know someone who, for some reason, is overly fond of sneezing, your friend is a steruphiliac.

THOUGHT FOR THE DAY

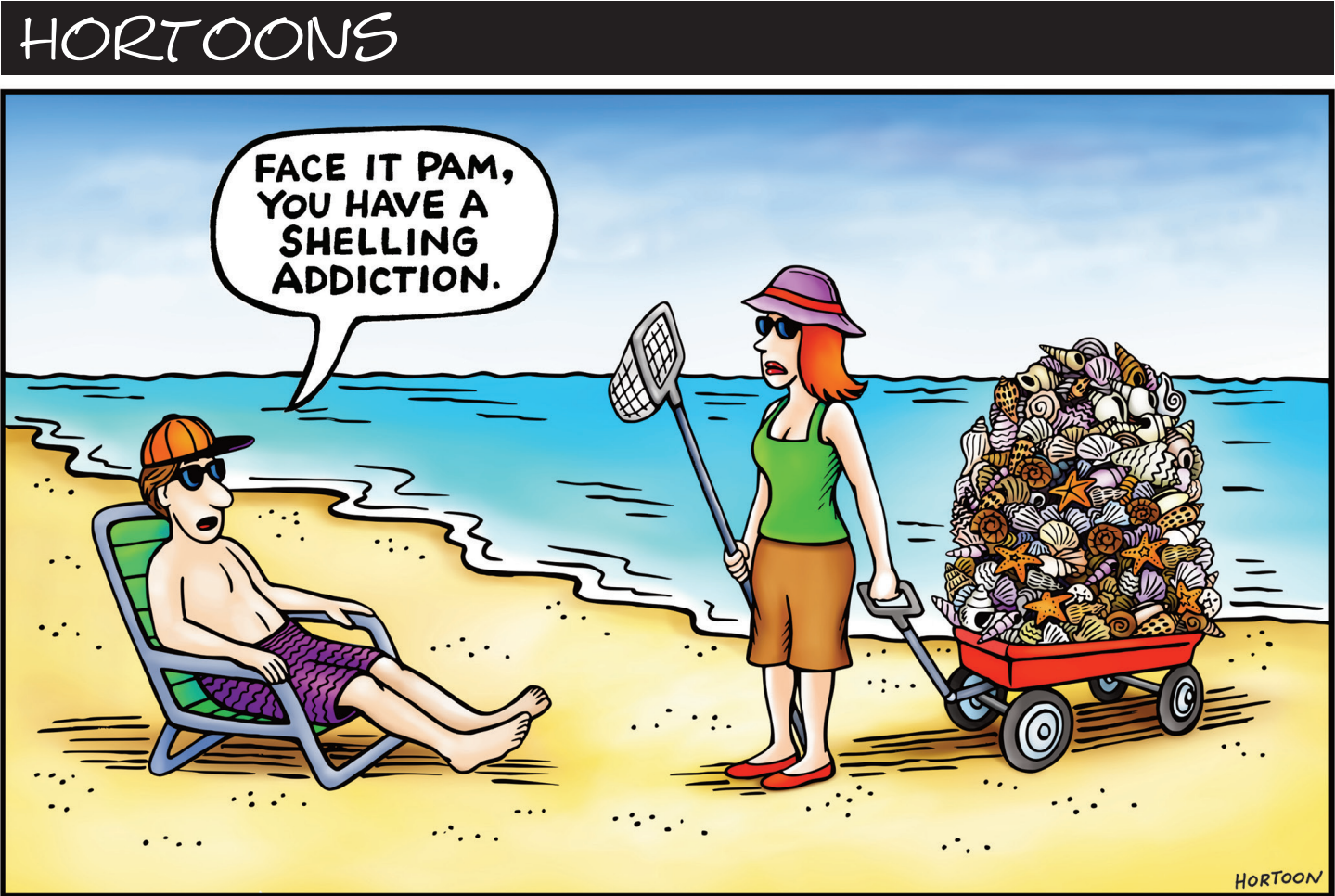
“There is a fatality about all good resolutions. They are invariable made too soon.” – Oscar Wilde

SCRAMBLERS

1. Return; 2. Robust;  
3. Yield; 4. Secret

Today's Word

LECTURE



PUZZLE ANSWERS

SUPER CROSSWORD

KING CROSSWORD

MAGIC MAZE

SUDOKU

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2019	5,487	\$6,950,000	\$6,900,000	0
Cape Coral	Cape Coral	2003	5,997	\$1,875,000	\$1,725,000	56
Intracoastal Harbour	Fort Myers	2006	5,311	\$1,795,000	\$1,650,000	21
Metes And Bounds	Captiva	1984	2,090	\$1,699,000	\$1,600,000	22
Cape Harbour	Cape Coral	2001	3,360	\$1,299,000	\$1,250,000	68
Magnolia Bend	Estero	2002	4,179	\$1,275,000	\$1,000,000	43
Beachview Country Club Estates	Sanibel	1993	2,791	\$1,099,000	\$975,000	241
Bonita Beach	Bonita Springs	1988	2,109	\$799,000	\$749,000	91
Beachview Country Club Estates	Sanibel	1983	2,250	\$784,500	\$735,485	139
Harborage	Fort Myers	1993	3,211	\$780,000	\$780,000	12



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**BUY & SELL**  
THESE FINE  
PROPERTIES.



11523 ANDY ROSSE LANE



**PRIME CAPTIVA VILLAGE**  
• Awesome Rental - Steps to the Beach  
• 5 BR, 5 BA, Pool & Spa  
• Main & Guest House, Great for Entertaining  
\$2,295,000

11544 WIGHTMAN LANE



**CAPTIVA VILLAGE**  
• 1 Property from Beach, Great Rental income!  
• Spacious 2 Story, 4 BR, 5.1 BA home  
• Screened pool, deck, outdoor shower, grill  
\$2,395,000

1253 ANHINGA LANE



**DIRECT BAY FRONT- SANIBEL**  
• Beautiful 4 BR, 4 BA w/Pool & Spa  
• Private Location w/Spectacular Views  
• Elevator, Gorgeous Kitchen Area  
\$3,795,000

11555 WIGHTMAN LANE



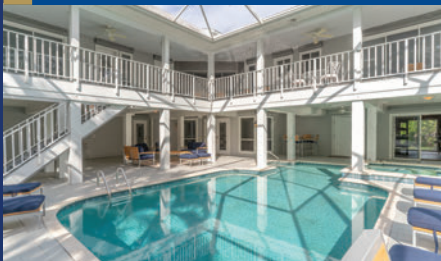
**CAPTIVA ISLAND BEACH HOME**  
• Gorgeous Sunsets, Walk to Shops & Dining  
• Beautifully Decorated, Fully Furnished  
• Floor-Ceiling Impact Windows, Copper Roof, Wood Floors  
\$3,849,000

16221 - 16217 CAPTIVA DRIVE



**2 ACRE ESTATE HOME ON ROOSEVELT CHANNEL**  
• 5-BR/5.5-BA main house & 2-BR/2-BA guesthouse  
• Office/study, elevator, master w/ sitting rm, formal living & dining rms  
• Pool, spa, boat lift & dock live W/ bait well & cleaning table  
\$4,389,000

4630 RUE BAYOU



**CHATEAUX SUR MER**  
• Steps to Beach, Private Setting on 1 1/2 Lots  
• 4 BR 4,5 BA, Pool & Spa  
• Elevator, Fireplace, 2 Master Suites, Newer Roof  
\$1,495,000

1230 BAY DRIVE



**SANIBEL HARBOR**  
• True "Old Fla" 3BR 2BA perfect island dream home  
• Deep water boating access w/ updated pool and deck  
• Amazing views, modern finishes & lush, tropical vegetation  
\$1,649,000

LAZY FLAMINGO PLAZA



**THE VILLAGE OF "SANTIVA"**  
• Rare Opportunity to own Incredible "Landmark" REAL ESTATE ONLY  
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